Effect of Prone Position on FiO₂ Level in Premature Baby Receiving Ventilator

Arie Kusumaningrum

Medical Faculty Sriwijaya University

*For reprint and all correspondence: Arie Kusumaningrum, Medical Faculty Sriwijaya University

ABSTRACT

Introduction	A review of literature on the position of infant who has respiratory problem
	indicates that Prone Position (PP) is more beneficial compared to Supine
	Position (PS). One monitoring action done by nurses while baby is receiving
	mechanical ventilator is baby's need of FiO ₂ . The purpose of this study is to
	identify the effect of Prone Position to oxygenation status (FiO ₂) of baby who
	received mechanical ventilation at NICU RSUPN Dr. Cipto Mangunkusumo.
Methods	The research design used in the study was pre - experimental one-group pretest-posttest. The sample comprised 18 babies aged 44.78 ± 25.06 (mean, \pm SD) days; birth weight 2008.33 \pm 977.84; mode of ventilator, pressure support; used synchronized intermittent mandatory ventilation and assist control; and length of ventilator use 36.67 ± 19.57 days. FiO ₂ in this research was measured before PP, 30 minutes PP, 1 hour PP, and 2 hours PP.
Results	The result shows that there were no significant differences of Fi0 ₂ in babies
	who received mechanical ventilation before and after prone positioning.
	However, there was correlation between cardiovascular illness and FiO ₂ in
	babies.
Conclusions	From this study, the recommendation of nursing implication is to improve PP
	intervention to infants who are in stable condition and the weaning process.
	Further research is required with bigger sample size. Future research should
	consider using quasi-experimental study design or experimental study design
	and more analysis on the correct PP time.
Keywords	Prone position - premature baby- FiO ₂ - ventilator