

Evaluation of bactericidal and virucidal activity of novel disinfectant Aaride AGT-1 compared to other commercially available disinfectants against hospital-acquired infections (HAIs)

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Abstract. Hand hygiene is the topmost crucial procedure to prevent hospital-acquired infections. Choosing an effective hand disinfectant is necessary in enforcing good hand hygiene practice especially in hospital settings. The aim of the study was to investigate the efficacy of Aaride AGT-1 as a hand disinfectant for the inhibition of pathogenic microorganisms' transmission among both patients and personnel in the health care system compared to other commercially available disinfectants. In the present study, a new hand disinfectant Aaride AGT-1 was tested against several bacterial and viral pathogens to evaluate its antimicrobial activity profile. The results revealed that Aaride AGT-1 displayed the highest antibacterial activity against five pathogenic bacteria including MRSA when compared to other commercially available hand sanitizers. Aaride AGT-1 showed the lowest percentage needed to inhibit the growth of bacterial pathogens. In addition, results obtained from time killing assay revealed that Aaride AGT-1 demonstrated the best killing kinetics, by eradicating the bacterial cells rapidly within 0.5 min with 6 log reduction (>99.99% killing). Also, Aaride AGT-1 was able to reduce 100% plaque formed by three viruses namely HSV-1, HSV-2 and EV-71. In conclusion, Aaride AGT-1 is capable of killing wide-spectrum of pathogens including bacteria and viruses compared to other common disinfectants used in hospital settings. Aaride AGT-1's ability to kill both bacteria and viruses contributes as valuable addition to the hand disinfection portfolio.

INTRODUCTION

Nosocomial infections also called hospital-acquired/associated infections (HAIs), are caused by a variety of microbes and they are of great concern for both health care providers and patients under medical care (Santajit & Indrawattana, 2016). In 2002, a study conducted in the United States estimated a total of 1.7 million patients suffered from hospital-acquired infections, and nearly 99,000 deaths caused by or were related to a hospital-acquired infection, making HAI the sixth leading cause of death

in the United States (Klevens *et al.*, 2007). Another survey study of hospital-acquired infections (HAI) in the United States in 2011 indicated a total of about 722,000 cases caused by nosocomial infections with the death of 75,000 patients, similar data have been reported from Europe. In Southeast Asia, a systematic review previously conducted on 41 studies revealed that the pooled prevalence of HAIs was 9.0% (20 cases per 1000 intensive care unit-days) (Ling *et al.*, 2015). According to WHO, the incidence of nosocomial infections in Malaysia is 14% (WHO, 2011). The growing numbers of

nosocomial infections place a major burden on healthcare systems and have significant global economic costs. Costs include high mortality and morbidity rates, inefficiencies in hospital capacity and operations, and increased treatment costs. In the United States alone, the estimated impact of HAIs on health care budget is \$5 billion to \$10 billion annually.

About one third or more of HAIs are preventable (Stone *et al.*, 2005; Yokoe *et al.*, 2015) as mostly occur due to poor hand hygiene (Pittet *et al.*, 2009). It is well known that hands are the primary route for transmitting microbes to any individuals especially patients at hospital settings (Pittet *et al.*, 1999). Following this, WHO and many other public health organizations have emphasized hand hygiene as the crucial point of measure in preventing HAIs (Pittet *et al.*, 2009).

Generally, HAIs are caused by both bacteria and viruses. Bacteria are the most common cause of hospital-acquired infections. About 90% of nosocomial infections are caused by bacterial pathogens (Bereket *et al.*, 2012). Some of these bacteria belong to the natural flora of the patient and cause infection only when the immune system of the patient becomes susceptible to infections (Khan *et al.*, 2015). The bacteria that are commonly involved in nosocomial infections include *Acinetobacter* spp., *Streptococcus* spp., coagulase-negative staphylococci, enterococci, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Bacillus cereus*, *Proteus mirabilis*, *Klebsiella pneumoniae*, *Escherichia coli* and *Serratia marcescens*. Among these enterococci, *P. aeruginosa*, *S. aureus* and *E. coli* are the main causative agents (Horan *et al.*, 2008).

Besides bacteria, viruses also play a significant role in nosocomial infections. Approximately 5% of all the hospital-acquired infections are caused by viruses (Khan *et al.*, 2017). Viruses can be transmitted through hand-mouth, respiratory route and fecal-oral route (Aitken & Jeffries, 2001). Enterovirus 71 (EV71) is one of the leading causative agents of hand, foot and mouth disease (HFMD). In recent years, HFMD has been recognized as an emerging

public health issue, particularly in the Asia-Pacific region (Li *et al.*, 2017). The first major EV71 epidemic in the Asia-Pacific region occurred in 1997 in Malaysia and caused 41 child deaths. Since then, widespread epidemics of EV71 have been reported in several Asia-Pacific countries including Taiwan, Australia, China, Singapore, Vietnam and Cambodia, and have led to many mortalities (Lee, 2016). EV71 can be spread via contaminated hands; either directly from vesicles on the hands, secretions from the oropharynx, or feces (Lee, 2016).

Herpes simplex viruses are among the most prevalent causative agents of viral infections in humans affecting up to 90% of adults globally (Marchi *et al.*, 2017). The main way of transmission for herpes type 1 (HSV-1) is via oral route with the virus present in sores, saliva and surfaces in or around the mouth. HSV-1 can also be spread to the genital area via oral-genital contact and causes genital herpes, however, most of the genital cases are caused by HSV-2 (Meadows & Saux, 2004). HSV-2 infection is usually contracted via sexual contact and symptoms include sores around genitals or rectum. Most importantly, both HSV-1 and HSV-2 can be transmitted even if sores are not present (Ramachandran & Kinchington, 2007).

Therefore, hand sanitization with proper hand disinfectant is necessary especially after being in contact with infected patients. Numerous types and brands of hand disinfectants are currently available in drugstores and some of them are being used in hospital settings upon approval by National Food and Drug Administration (FDA) agencies. It is well-known that each of these agents have varying level of effectiveness. Some of them, upon long-term usage, may even lose their potency against commonly acquired microorganisms that are known for mutative drug-resistant characteristics. Therefore, choosing the best hand disinfectant has always been the necessary step and challenge for regulatory authorities in enforcing good hand hygiene practice for preventing HAIs.

In this study we evaluated the antimicrobial activities of new disinfectant agent, Aaride AGT-1[®], in comparison with

other commercially available agents against several bacterial and viral pathogens. Unlike the commonly used hospital disinfectants, Aaride AGT-1[®] disinfectant contains plant based phyto-serum (Aaride J.A. International Inc.) and is known not only for its protective effect via formation of a thin liquid barrier on the skin surface, but also has dermal tolerance or less skin irritant effects (unpublished data). Thus, the main aim here is to compare its ability to kill commonly acquired viruses and bacteria compared to five routinely used disinfectants.

MATERIALS AND METHODS

Hand disinfectants

For assessing the antimicrobial activity against a wide-range of microbial pathogens, Aaride AGT-1[®] and five different disinfectants namely Betadine[®], Dettol[®], Hydrogen peroxide, Lysol[®] and Softa-Man[®] were used in this study. Aaride AGT-1 contains phyto-serum rejuvenator, ethanol, Robicis Mph Ext in propan-1-ol, n-propanol. Betadine contains povidone-iodine 10% (W/V). Dettol has chloroxylenol 4.8% (W/V). Softa-Man contains ethanol (45 g) and propanol-1-ol (18 g) per 100 ml solution as active ingredients. Hydrogen peroxide contains hydrogen peroxide 6% as active ingredient and diluted with equal amount of water before using as disinfectant Lysol consists of alkyl (50% C₁₄, 40% C₁₂, 10% C₁₆) dimethyl benzyl ammonium chlorides as active ingredient.

Bacteria and culture conditions

Five bacterial pathogens *Staphylococcus aureus* ATCC 29213, Methicillin-resistant *Staphylococcus aureus* (MRSA) (clinical isolate), *Escherichia coli* ATCC 25922, *Klebsiella pneumoniae* (clinical isolate) and *Pseudomonas aeruginosa* ATCC 27853 were selected to test their sensitivity to all six disinfectants. All the bacterial strains were cultured on Mueller-Hinton (MH) agar overnight at 37°C prior to any experiment. For determining the minimum inhibitory concentration (MIC), cationally adjusted

Mueller-Hinton broth (MHB) was used according to CLSI guidelines. All bacterial strains were obtained from University of Malaya Medical Centre (UMMC).

Viruses and cell cultures

Enterovirus 71 (EV71), herpes simplex virus type 1 (HSV-1), and herpes simplex virus type 2 (HSV-2) were obtained from University of Malaya Medical Center (UMMC) and used in this study to perform the plaque assay. The test virus suspensions were prepared by infecting monolayers of the Vero cell line (ATCC[®] CCL-81TM). Vero cells were grown in Dulbecco's Modified Eagle Medium (DMEM), supplemented with 10% heat inactivated fetal bovine serum (FBS) and incubated at 37°C with 5% CO₂. Viral propagation was conducted by overlaying test viruses on Vero cells monolayer in DMEM supplemented with 10% FBS and incubated for 2 hr, rocking every 15 mins at 37°C with 5% CO₂ for virus adsorption. Five days post-infection, supernatant containing viruses were collected to determine the virus titer by plaque assay or kept at -80°C as virus stock. HSV-1, HSV-2 and EV-71 (without disinfectants) induced cytopathic effect and formed plaques in Vero cells. The titer of the viruses was 7.2x10⁵ pfu/ml, 5.6x10⁵ pfu/ml and 1.2x10⁵ pfu/ml, respectively.

Broth microdilution assay

The minimum inhibitory concentration (MIC) of the six disinfectants was determined by broth microdilution protocol as indicated by the CLSI guidelines (Clinical and Laboratory Standards Institute, 2012). Briefly, bacterial strains were grown for 18–24 hr at 37°C. Direct suspension of the colonies were made in cationically adjusted Mueller-Hinton broth (CAMHB) and adjusted to OD₆₂₅ 0.08–0.1 which corresponds to 1 ~ 2 x10⁸ CFU/ml followed by serial ten-fold dilutions to give 1x10⁶ CFU/ml. Bacterial suspension (50 µl) were added to 96-well round bottom microtiter plates containing equal volume of disinfectants at different concentrations (50%, 25%, 12.5%, 6.25%, 3.125%, 1.56%, 0.78% and 0.39%). The 96-well plates were incubated for 24 hours at 37°C. The minimum

inhibitory concentration (MIC) is defined as the lowest concentration of extract that completely inhibits growth. Minimum bactericidal concentration (MBC) was determined by sub-culturing the test dilutions on to a fresh Müller-Hinton agar plate and incubated further for 18–24 hr. The first dilution that yielded no bacterial growth on agar plate was taken as MBC.

Time killing assay

Time killing assay was used to evaluate the killing kinetics of the disinfectants as previously described (Jindal *et al.*, 2015). Briefly, bacterial strains were grown overnight on Muller Hinton Agar (MHA). Direct suspension of the colonies was made in Muller-Hinton Broth (MHB) and adjusted to OD₆₂₅ 0.08–0.1 which corresponds to 1 ~ 2 x10⁸ CFU/ml followed by serial ten-fold dilution to give 1x10⁷ CFU/ml. Hundred µl of bacterial suspension was added to 900 µl of (100% concentration) of the tested disinfectant to give a final volume of 1 ml with the cell number of 1x10⁶ CFU/ml. All the bacterial suspensions were incubated at room temperature for (0.5 min, 1 min, 5 min, 10 min and 20 min). The suspensions were then centrifuged and plated on MHA for cell counting.

Plaque assay to assess anti-viral activity

Plaque assay was performed as previously described with slight modification (Chang *et al.*, 2013). To perform the plaque assay, respective cell monolayers were prepared in six-well plates. After the monolayers had been washed with phosphate-buffered saline, serial 10-fold dilutions of the virus were added onto cells and incubated for 2 hours with and without disinfectants (negative control), rocking plates every 15 mins at 37°C with 5% CO₂ for virus adsorption. Unabsorbed viruses were removed, and each well was covered with 1% agarose overlay medium. Following a 5-day incubation period, the monolayers were washed with phosphate-buffered saline and fixed with 4% formalin for 30 mins and stained with 0.4% trypan blue. Excess stained was removed from plate and plaques were counted in each well after drying.

RESULTS

Minimum inhibitory/Bactericidal concentration (MIC/MBC)

The broth microdilution assay was used to assess the antibacterial activity of Aaride AGT-1 along with other commercially available disinfectants. The results revealed that Aaride AGT-1 had the strongest antibacterial activity compared to other tested disinfectants. At a concentration of 0.78%, Aaride AGT-1 showed a potent antibacterial activity by inhibiting the growth of *S. aureus*, MRSA and *E. coli*. At concentration of 1.56%, Aaride AGT-1 inhibited the growth of *K. pneumoniae* and *P. aeruginosa*. In addition, Aaride AGT-1 demonstrated a bactericidal effect at a concentration of 6.25% against *S. aureus*, MRSA, and *E. coli* and at concentration of 12.5% against *K. pneumoniae* and *P. aeruginosa* as none of the tested bacteria were able to grow after plating them on Muller-Hinton agar (Table 1). The minimum inhibitory/bactericidal concentrations (MICs/MBCs) of all tested disinfectants against five nosocomial bacteria are listed in Table 1.

Killing kinetics of disinfectants

The antibacterial activity of the disinfectants was further assessed by analyzing their killing kinetics against nosocomial bacteria. The killing kinetic results indicated that Aaride AGT-1 displayed rapid bactericidal action towards all five bacterial species. Aaride AGT-1 was able to cause 100% reduction in the viability of bacterial cells within 30 seconds of incubation (Figure 1). Similar results were obtained when bacterial cells were incubated with Betadine, Lysol and the positive control Softa-man (Figure 1). On the other hand, hydrogen peroxide 6% has failed to eliminate the bacterial cells of *S. aureus*, MRSA and *P. aeruginosa* up to 20 min of incubation. However, it was able to reduce the number of *E. coli* and *K. pneumoniae* to 4 × 10⁵ and 6 × 10⁵, respectively. Dettol was able to eradicate *S. aureus*, *K. pneumoniae*, and *P. aeruginosa* after 10 min of incubation, MRSA and *E. coli* after 20 and 5 min, respectively.

Table 1. Minimum inhibitory concentrations (MICs) and minimum bactericidal concentration (MBC) of Aaride AGT-1 and other disinfectants against five different nosocomial pathogens

Disinfectant	MIC ^a / MBC ^b (%)				
	<i>S. aureus</i>	Methicillin-resistant <i>S. aureus</i> (MRSA)	<i>E. coli</i>	<i>K. pneumoniae</i>	<i>P. aeruginosa</i>
Aaride AGT-1	0.78% / 6.25%	0.78% / 6.25%	0.78% / 6.25%	1.56% / 12.5%	1.56% / 12.5%
Betadine	6.25% / 25%	6.25% / 25%	12.5% / 50%	6.25% / 25%	6.25% / 25%
Dettol	100% / ND	100% / ND	100% / ND	50% / ND	50% / ND
Hydrogen peroxide	ND / ND	ND / ND	ND / ND	ND / ND	ND / ND
Lysol	1.56% / 12.5%	1.56% / 12.5%	1.56% / 12.5%	3.125% / 25%	3.125% / 12.5%
Softa-Man	25% / 100%	25% / 100%	12.5% / 50%	12.5% / 50%	12.5% / 50%

^a MIC: Minimum inhibitory concentration.

^b MBC: Minimum bactericidal concentration.

^c ND: Not detected.

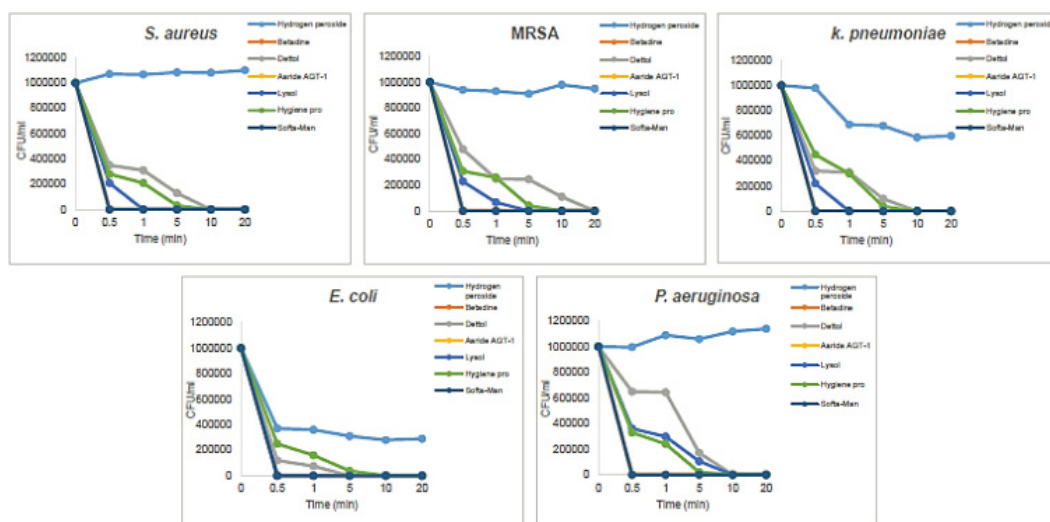


Figure 1. Killing kinetics of Aaride AGT-1 and six other disinfectants against five bacterial strains, (A) *S. aureus*, (B) MRSA, (C) *K. pneumoniae*, (D) *E. coli* and (E) *P. aeruginosa*. Aaride AGT-1 shows robust killing kinetics by eliminating 100% of the bacterial cells within 0.5 of incubation.

Table 2. Antiviral activities of five disinfectants against HSV-1, HSV-2 and EV-71

Disinfectant	HSV-1	HSV-2	EV-71
Aaride AGT-1	100.0%	100.0%	100.0%
Betadine	75.0%	94.6%	91.7%
Dettol	76.4%	83.9%	91.7%
Hydrogen peroxide	61.1%	92.9%	100.0%
Softa-Man	41.7%	83.9%	83.3%

Anti-viral activity

Table 2 summarizes the anti-viral activities of 5 disinfectants, where the results are presented in percentage of plaque reduction

compared to the untreated wells (cells with viruses but without disinfectants). Lysol caused long term toxicity to the cells whereby after 4 days of incubation, most of

the cells were dead, hence we could not assess the anti-viral activity for this disinfectant. On the other hand, Aaride AGT-1 showed the strongest antiviral activity against all tested disinfectants by eliminating 100% of the plaque formed by viruses as shown in figures included in Table 3, 4 and 5. Moreover, Aaride AGT-1 did not cause toxic effect to vero cells after five days of incubation as the cells remain attached to the wells (Table 3, 4 and 5).

DISCUSSION

In 2004, The World Health Organization (WHO) launched the global hand hygiene (HH) program to decrease healthcare associated infections (HAIs) and enhance patient safety (Pan *et al.*, 2013). Hand hygiene is widely accepted as a simple and inexpensive yet an effective way to reduce nosocomial infection in hospitals, including intensive care units (ICUs), and hospital acquired infections are often viewed as indication of poor acquiescence with hand washing recommendations (Salama *et al.*, 2013). The use of hand sanitizers is gaining popularity both among medical and non-medical personnel. In the present study, the bactericidal and virucidal activity of Aaride AGT-1 against several bacterial and viral pathogens that cause nosocomial infections was evaluated in comparison with other hand disinfectants. Our results clearly showed that Aaride AGT-1 even at very low concentration (0.78125% and 1.56%) was able to inhibit the growth of five bacterial pathogens responsible for nosocomial infections including MRSA. In addition to its low MIC, Aaride AGT-1 revealed a rapid killing kinetics against all five bacteria indicating that this disinfectant has a potent bactericidal activity by killing all bacterial cells within 30 sec of incubation, which prevent the bacteria from adapting the disinfectant. The robust and rapid bactericidal activity of Aaride AGT-1 is probably due to the incorporation of other active ingredients along with alcohol. The active components of Aaride AGT-1 are ethanol and n-propanol. Alcohols, in particular ethanol (ethyl

alcohol), isopropanol and n-propanol are well known to be effective antimicrobial agents. Alcohols display rapid broad-range antimicrobial activity against vegetative bacteria (including mycobacteria), viruses and fungi. It is generally believed that alcohols kill microorganisms by causing membrane damage and rapid denaturation of proteins, leading to interfering with metabolism and cell lysis (McDonnell & Russell, 1999). In addition to alcohols, Aaride AGT-1 contains citric acid, this organic acid has been shown previously to possess antibacterial activity against several bacterial pathogens (Gao, 2012). Moreover, polyethylene glycol which is one of Aaride AGT-1 components has also displayed antibacterial activity against several bacterial strains (Nalawade *et al.*, 2015). In addition, we have observed that the phytoserum contained in Aaride AGT-1 did not cause irritation on skin and confers a healthy barrier (unpublished data). We believe that all these ingredients together cause Aaride AGT-1 to possess a strong and rapid bactericidal activity.

In addition to the bactericidal activity, Aaride AGT-1 also revealed a robust virucidal activity by inactivating both enveloped and non-enveloped viruses namely HSV and EV-71. Previous studies have shown that non-enveloped viruses can be inactivated with ethanol alone in concentrations above 80% v/v (Ionidis *et al.*, 2016). Human EV-71 was only inactivated by 95% ethanol and not by 70% and 75% ethanol or any concentration of isopropanol (Chang *et al.*, 2013). The strong virucidal activity of Aaride AGT-1 is probably a result of ethanol and propanol mixture. Organic acids such as citric acid is active against enveloped but not against non-enveloped viruses on their own. Previous study has shown that the activity of 70% ethanol solution against non-enveloped FCV improved from 2.6 log₁₀ to >4.4 log₁₀ reduction when the pH of the solution is dropped from 7.4 to 3.0. Citric acid has exposed a virucidal ability against rhinovirus at artificially contaminated hands. Moreover, our results revealed that Aaride AGT-1 was safer than other disinfectants namely Lysol as it was highly toxic towards

Table 3. Antiviral activities of disinfectants against HSV-1 in Vero cells

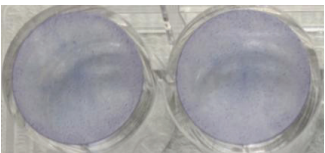
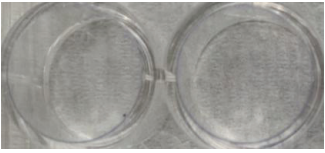
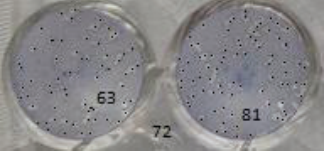
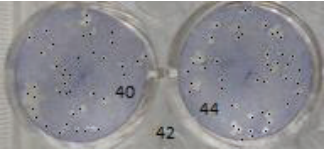
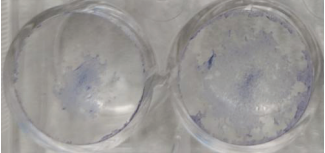
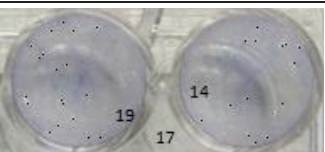

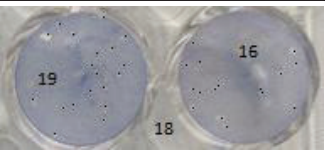
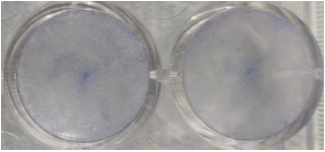
Uninfected cells (control)		No plaque
Cells infected with virus stock without dilution		No live cells; virus stock was too high
Cells infected with diluted virus stock (10^{-2})		PFU: $\frac{72}{10^{-2} \times 0.01 \text{ mL}}$ = 7.2×10^5 pfu/mL
Cells infected with virus + Softa-man		PFU: $\frac{42}{10^{-2} \times 0.01 \text{ mL}}$ = 4.2×10^5 pfu/mL Reduced by 41.7%
Cells infected with virus + Lysol		No live cells Product cause long term toxicity to the cells
Cells infected with virus + Dettol		PFU: $\frac{17}{10^{-2} \times 0.01 \text{ mL}}$ = 1.7×10^5 pfu/mL Reduced by 76.4%
Cells infected with virus + hydrogen peroxide		PFU: $\frac{28}{10^{-2} \times 0.01 \text{ mL}}$ = 2.8×10^5 pfu/mL Reduced by 61.1%
Cells infected with virus + Betadine		PFU: $\frac{18}{10^{-2} \times 0.01 \text{ mL}}$ = 1.8×10^5 pfu/mL Reduced by 75.0%
Cells infected with virus + Aaride AGT-1		Cell monolayer was seen; no plaque formation Reduced by 100.0%

Table 4. Antiviral activities of disinfectants against HSV-2 in Vero cells

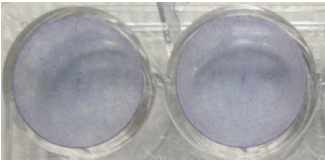
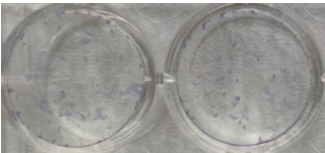
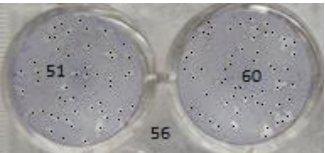
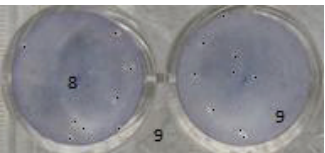
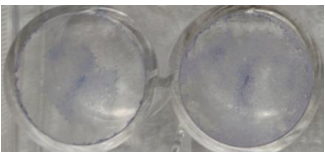
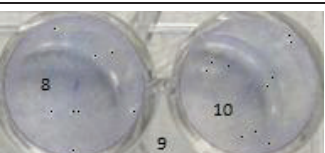


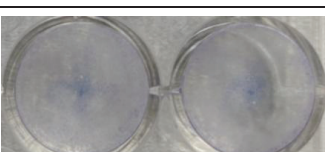
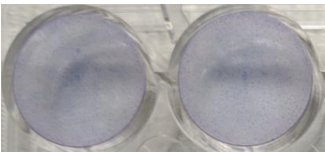
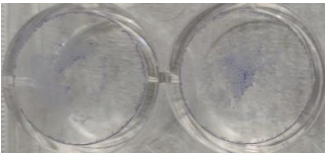
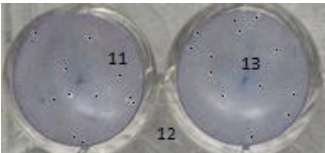
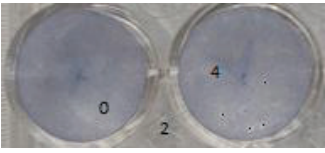
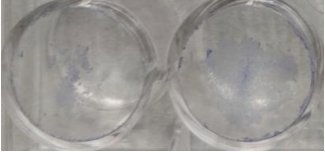
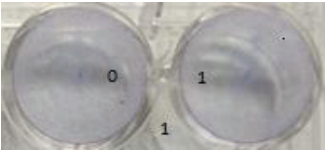
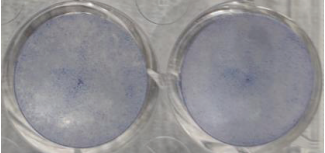
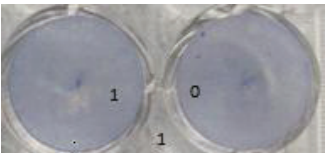
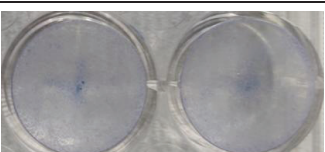
Uninfected cells (control)		No plaque
Cells infected with virus stock without dilution		Small number of live cells
Cells infected with diluted virus stock (10^{-2})		PFU: $\frac{56}{10^{-2} \times 0.01 \text{ mL}}$ = 5.6×10^5 pfu/mL
Cells infected with virus + softa-man		PFU: $\frac{9}{10^{-2} \times 0.01 \text{ mL}}$ = 9×10^4 pfu/mL Reduced by 83.9%
Cells infected with virus + Lysol		Small amount of live cells, plaque formation was not seen Product cause long term toxicity to the cells
Cells infected with virus + Dettol		PFU: $\frac{9}{10^{-2} \times 0.01 \text{ mL}}$ = 9×10^4 pfu/mL Reduced by 83.9%
Cells infected with virus + hydrogen peroxide		PFU: $\frac{4}{10^{-2} \times 0.01 \text{ mL}}$ = 4×10^4 pfu/mL Reduced by 92.9%
Cells infected with virus + Betadine		PFU: $\frac{3}{10^{-2} \times 0.01 \text{ mL}}$ = 3×10^4 pfu/mL Reduced by 94.6%
Cells infected with virus + Aaride AGT-1		Cell monolayer was seen; no plaque formation Reduced by 100.0%

Table 5. Antiviral activities of disinfectants against EV71 in Vero cells

Uninfected cells (control)		No plaque
Cells infected with virus stock without dilution		Small number of live cells
Cells infected with diluted virus stock (10^{-2})		PFU: $\frac{12}{10^{-2} \times 0.01 \text{ mL}}$ = 1.2×10^5 pfu/mL
Cells infected with virus + softa-man		PFU: $\frac{2}{10^{-2} \times 0.01 \text{ mL}}$ = 2×10^4 pfu/mL Reduced by 83.3%
Cells infected with virus + Lysol		Small amount of live cells Product cause long term toxicity to the cells
Cells infected with virus + Dettol		PFU: $\frac{1}{10^{-2} \times 0.01 \text{ mL}}$ = 1×10^4 pfu/mL Reduced by 91.7%
Cells infected with virus + hydrogen peroxide		No plaque Reduced by 100.0%
Cells infected with virus + Betadine		PFU: $\frac{1}{10^{-2} \times 0.01 \text{ mL}}$ = 1×10^4 pfu/mL Reduce by 91.7%
Cells infected with virus + Aaride AGT-1		Cell monolayer was seen; no plaque formation Reduced by 100.0%

Vero cells and caused death after 4 days of incubation.

In conclusion, Aaride AGT-1 with its unique formulation of ethanol, propanol and citric acid is capable of inactivating enveloped and non-enveloped viruses tested in this study as well as five different types of bacteria responsible for nosocomial infections. Although it is not possible to test the activity of Aaride AGT-1 against each bacterium and virus however, the tested microorganisms in this study are representatives for the wide spectrum of relevant and commonly acquired pathogens that are directly or indirectly transferred by human hands. Therefore, we believe that this disinfectant will certainly be a beneficial addition to the hand disinfection portfolio.

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Transparency declarations

None to declare.

Competing Financial Interests

The authors declare no competing interests.

Conflict of Interest

The authors declare no conflict of interest.

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