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· 综述 ·

唾液腺黏膜相关淋巴组织淋巴瘤的研究进展

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【摘要】 唾液腺黏膜相关淋巴组织淋巴瘤(salivary gland mucosa-associated lymphoid tissue lymphoma, SGML)是边缘区B细胞淋巴瘤的一个亚型,发生于黏膜组织淋巴结外。SGML的发病与淋巴上皮性唾液腺炎(lympho-epithelial sialadenitis, LESA)和干燥综合征(Sjögren's syndrome, SS)以及幽门螺杆菌、丙型肝炎病毒、EB病毒、人类嗜T淋巴细胞病毒等免疫和慢性感染以及遗传因素密切相关。SGML最常见的部位是腮腺,其次是下颌下腺、小唾液腺和舌下腺;其多见于中老年女性,且患者通常伴有自身免疫性疾病如干燥综合征或类风湿性关节炎等。SGML可通过临床表现、影像学以及组织病理学进行诊断,且组织病理学活检仍是SGML确诊的主要手段。传统治疗方法包括抗感染治疗、手术联合放化疗。近年来,一些新型治疗方法如Bruton酪氨酸激酶(Bruton tyrosine kinase, BTK)抑制剂、程序性细胞死亡蛋白-1(programmed cell death protein-1, PD-1)抑制剂等针对复发性或难治性SGML有效,但尚需更多临床试验数据支持。因此,目前对SGML的最佳治疗尚未明确,应将肿瘤的部位、分期、临床特征和患者的整体健康状况结合,从而制订个体化治疗方案。SGML进展缓慢,总体预后较好,但是该病病情反复、治疗周期长、复发率较其他黏膜相关淋巴组织淋巴瘤高,还有可能引起严重并发症,因此,定期观察随访对其预后十分重要。本文对SGML的病因、诊断、治疗及预后等方面进行综述,以期临床诊疗提供参考,从而提高患者的生存率。

【关键词】 唾液腺黏膜相关淋巴组织淋巴瘤; 黏膜相关淋巴组织淋巴瘤; 唾液腺恶性肿瘤; 淋巴上皮性唾液腺炎; 干燥综合征; 淋巴瘤; 发病机制

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【Abstract】 Salivary gland mucosa-associated lymphoid tissue lymphoma (SGML) is a subvariety of marginal zone B-cells that occurs outside of mucosal lymph nodes. The onset of SGML is closely related to immunity, chronic infections, and genetic factors, such as lymphoepithelial sialadenitis (LESA) and Sjogren's syndrome (SS), as well as *Helicobacter pylori*, hepatitis C virus, Epstein-Barr virus, and human T-lymphocytic virus. The most common site of SGML is the parotid gland, followed by the submandibular gland, small salivary gland, and sublingual gland. SGML is more common in middle-aged and elderly women, and patients often have autoimmune diseases, such as Sjogren's syndrome or rheumatoid arthritis. SGML can be diagnosed through clinical manifestations, imaging, and histopathology, but histopathological biopsy remains the main method for confirming SGML. Traditional treatment methods include anti-infective therapy and surgery combined with radiation or chemotherapy. In recent years, some new treatment methods, such as Bruton tyrosine kinase (BTK) inhibitors and programmed cell death protein-1 (PD-1) inhibitors, have been effective



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against recurrent or refractory SGML, but more clinical trial data are needed to support them. At present, the optimal treatment for SGML is not yet clear. Individualized treatment plans should be developed based on the location, staging, clinical characteristics, and overall health status of the patient. SGML progresses slowly and has a relatively good overall prognosis; however, the disease is recurrent, the treatment cycle is long, the recurrence rate is higher than that of other mucosa-associated lymphoid tissue lymphomas, and SGML may also cause other serious complications. Therefore, regular observation and follow-up are very important for its prognosis. This article reviews the etiology, diagnosis, treatment, and prognosis of SGML, with the aim of providing a reference for clinical diagnosis and treatment, and thus improve the survival rate of patients with SGML.

【Key words】 salivary gland mucosa-associated lymphoid tissue lymphoma; mucosa-associated lymphoid tissue lymphoma; salivary gland malignant tumor; lymphoepithelial sialadenitis; Sjögren's syndrome; lymphoma; pathogenesis

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黏膜相关淋巴组织 (mucosa-associated lymphoid tissue, MALT) 淋巴瘤属于淋巴结外低度恶性 B 细胞型非霍奇金淋巴瘤 (B-cell non-Hodgkin's lymphoma, B-NHL), 约占非霍奇金淋巴瘤的 5%~8%, 仅次于弥漫性大 B 细胞淋巴瘤 (diffuse large B cell lymphoma, DLBCL) 和滤泡性淋巴瘤 (follicular lymphoma, FL)^[1]。根据第 5 版世界卫生组织 (World Health Organization, WHO) 造血及淋巴组织肿瘤分类, 将 MALT 淋巴瘤归为边缘区淋巴瘤 (marginal zone lymphoma, MZL) 的 4 种亚型之一, 其余为原发性皮肤 MZL、淋巴结 MZL 及小儿 MZL^[2]。MALT 淋巴瘤通常发生在无生发中心的组织, 最常受影响的器官是胃, 也可见于唾液腺、甲状腺、肺、眼附属器等。不同部位的 MALT 淋巴瘤具有不同的临床表现, 如胃 MALT 淋巴瘤患者常表现为腹痛、胃出血等^[3], 眼附属器 MALT 淋巴瘤多见眼球突出、结膜充血等症状^[4]。

近年来, 随着放射及病理学的发展与进步, 对唾液腺黏膜相关淋巴组织淋巴瘤 (salivary gland mucosa-associated lymphoid tissue lymphoma, SGML) 的认识不断提高^[5]。SGML 原发于唾液腺的黏膜相关淋巴组织, 好发于中老年患者, 女性为主, 通常合并自身免疫性疾病或慢性感染, 其多发生于腮腺, 其次为颌下腺, 舌下腺及小唾液腺受累较少^[6]。SGML 尚无典型的临床表现, 若合并干燥综合征 (Sjögren's syndrome, SS) 可出现口干、眼干、唾液腺肿大等症状。本文就 SGML 的病因、诊断、治疗等方面进行综述, 旨在为临床实践提供更全面的参考。

1 SGML 的病因及发病机制

1.1 自身免疫性疾病

自身免疫性疾病与 MALT 淋巴瘤之间存在密切关联^[7], 如甲状腺 MALT 淋巴瘤与桥本甲状腺炎显著相关^[8]。而 SGML 常与淋巴上皮性唾液腺炎 (lymphoepithelial sialadenitis, LESA) 和干燥综合征有关^[9]。LESA 可能是 SS 的局部表现之一, 也可表现为孤立的唾液腺病变。特征是腺泡萎缩、淋巴细胞浸润、导管增生和上层肌上皮岛形成^[10]。LESA 中的慢性炎症及淋巴细胞浸润为 SGML 的发生提供微环境, 可能是 SGML 的前期病变^[11]。MALT 淋巴瘤占 SS 相关淋巴瘤的 65%^[12], 其次是 DLBCL 和淋巴结 MZL。据一项国际淋巴瘤流行病学联盟的研究显示, 原发性干燥综合征 (primary Sjögren's syndrome, pSS) 患者患 MZL 风险增加约 30 倍^[13]。Hernández-Molina 等^[14]回顾性分析 414 例发生血液系统恶性肿瘤的 pSS 患者, 发现共 376 例 (91%) 患有 B 细胞淋巴瘤, 其中 MALT 淋巴瘤占 47.5%, 且唾液腺是主要受累部位, 证实了 SS 与 SGML 之间的关联。

1.2 感染因素

与胃或眼附属器 MALT 淋巴瘤不同, SGML 极少与幽门螺杆菌 (*helicobacter pylori*, Hp)^[15] 或衣原体感染直接相关^[16], 但部分病例可能与丙型肝炎病毒 (hepatitis C virus, HCV) 感染存在间接关联。HCV 是一种 RNA 病毒, 流行病学研究表明, HCV 感染者患 B-NHL 风险显著增高^[17]。目前, 广泛认可的 HCV 相关淋巴瘤的发生机制主要有两种: 一种是 B 细胞中的活性 HCV 复制损害细胞周期并通过

HCV 相关蛋白表达介导淋巴瘤发生;另一种是慢性抗原刺激,HCV 包膜蛋白 E2 与 B 细胞和 B 细胞受体(B cell receptor, BCR)上的 CD81 受体结合,导致边缘 B 细胞的慢性刺激^[18]。除 HCV 外,EB 病毒^[19]、人类嗜 T 淋巴细胞病毒(human T-cell lymphotropic virus, HTLV)^[20]也和 SGML 发生相关。

1.3 遗传学异常

SGML 常与复发性染色体畸变,如三体、扩增和缺失、染色体易位、体细胞点突变等有关^[21]。目前发现与 MALT 淋巴瘤发病相关的最常见染色体易位是 t(1;14)(p22,q32),t(11;18)(q21,q21),t(14;18)(q32,q21)和 t(3;14)(p14.1,q32)^[22]。遗传畸变的频率取决于疾病的原发部位^[23]。

t(1;14)(p22,q32)易位发生在 1%~2% 的 MALT 淋巴瘤中,且目前仅在胃、肺和皮肤中发现。t(11;18)(q21,q21)是最早发现的染色体易位,主要与自身抗原有关,通常发生在肺和胃,在其他部位很少见,目前仅见于 MALT 淋巴瘤^[24]。t(14;18)(q32,q21)易位最常见于肺、眼附件、皮肤和唾液腺的病变^[22]。除易位外,3、12、18 号染色体数目异常亦是 MALT 淋巴瘤的重要遗传学特征^[25]。SGML 的典型异常染色体为 3 号染色体,若同时检出 12 或 18 号染色体异常则提示高级别转化风险,应加强随访^[26]。

1.4 SGML 的分子发病机制

如上所述,SGML 主要涉及 t(14;18)(q32,q21)/IgH-MALT1 与 t(X;14)(p11,q32)易位。t(14;18)(q32,q21)易位使黏膜相关淋巴组织淋巴瘤易位蛋白 1 (mucosa-associated lymphoid tissue lymphoma translocation protein 1, MALT1)基因被 14 号染色体上的免疫球蛋白重链 (immunoglobulin heavy chain, IGH)增强子控制,导致 MALT1 的表达失调,进而激活核因子 κ B (nuclear factor kappa-B, NF- κ B)信号通路^[27]。t(X;14)(p11,q32)易位导致 Xp11.4 处的 G 蛋白偶联受体 34 (G-protein coupled receptor 34, GPR34)基因与 14q32 处的 IGH 增强子并置,导致 GPR34 过表达^[28]。GPR34 内源性配体为溶血磷脂酰丝氨酸 (lysophosphatidylserine, lysoPS),是一种在炎症或损伤组织中由磷脂酰丝氨酸 (phosphatidylserine, PS)水解产生的脂质介质。在伴 SS 的唾液腺中,lysoPS 可能持续生成,并通过结合 GPR34 激活 NF- κ B 信号通路^[29]。

总之,SGML 的发病是慢性炎症刺激、遗传学异常及信号通路失调共同作用的结果(图 1)。其

分子机制为靶向治疗提供了理论基础,同时说明控制炎症在防止 SGML 进展的重要性。

2 SGML 的诊断及鉴别诊断

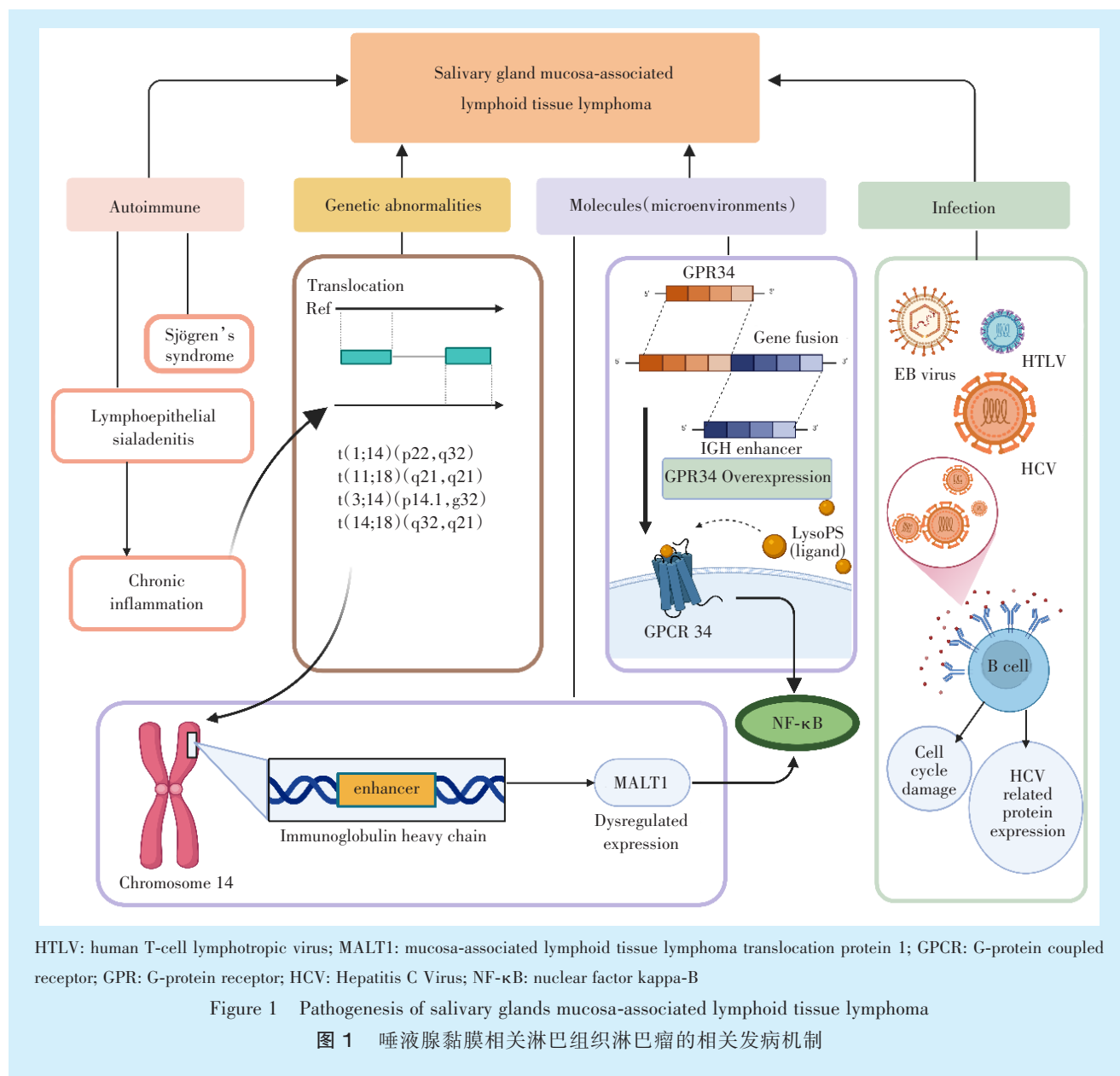
目前,SGML 的诊断尚无统一标准,应结合临床表现、影像学、病理学、细胞学及实验室检查综合分析。

2.1 SGML 的临床表现

SGML 起病隐匿,病史较长,大部分患者仅表现为单侧/双侧唾液腺局部无痛性进行性肿胀,肿块表皮色泽、温度正常,可伴有淋巴结肿大等非特异性炎症反应^[30-31]。在 CNKI、PubMed 数据库(2015-2024 年)对 SGML 相关文献进行全面检索,搜索词包括“salivary gland mucosa-associated lymphoid tissue lymphoma”、“case report”,排除成组病例后纳入 18 篇 SGML 相关文献。提取患者性别、年龄、发病部位等进行分析。结果显示患者平均年龄为 52 岁,男女比例为 5:13,这可能与女性 SS 易感性更高相关。发病部位依次为腮腺(30%)、舌下腺(15%)、颌下腺(15%)、硬腭(15%)、下唇(10%)、舌(10%)及副腮腺(5%)。18 位患者主诉均为无痛性肿块,发生在硬腭或舌根者可伴有咀嚼不适或吞咽困难。平均随访时间为(21.6±12)月(范围 6~60 个月),失访率 16.7%。治疗方案包括单纯手术或手术合并放/化疗,仅 1 例在接受手术及化疗 3 年后复发,说明 SGML 总体预后较好。

2.2 SGML 的影像学检查

超声是诊断唾液腺肿物时临床首选的影像学检查^[32]。SGML 超声可表现为两种:正常软组织包绕显著低回声占位,可能包含纤维条纹,如细小的线性回声带或较宽、密集的回声带;多个小的低回声实性结节,穿插厚度不一的线性回声分隔,从而形成“龟壳”样外观^[33]。若合并淀粉样蛋白沉积则显示出非典型影像学表现:T2WI 低信号和 T1WI 等值至轻微高信号,无显著弥散限制^[34]。随着多参数方案的应用,MRI 的最新技术被证明能够区分良性和恶性腮腺病变,动态对比增强 MRI (dynamic contrast-enhanced magnetic resonance imaging, DCE-MRI)可能有助于区分腮腺良性淋巴上皮病变 (lymphoepithelial lesion, LEL)与 SGML^[35]。然而,由于样本量小,DCE-MRI 目前只能作为辅助手段,明确诊断仍然需要病理确认。PET/CT 是基于注射放射性药物(示踪剂)广泛用于肿瘤的检查。最常用的 PET 示踪剂是氟代脱氧葡萄糖(fludeoxyglu-



cose, FDG)。FDG-PET/CT 在高级别淋巴瘤中的有效性已得到认可^[36]。FDG 在不同位置亲和力不同,故 FDG-PET/CT 能够显示 pSS 的全身性表现^[37],当 pSS 患者怀疑有淋巴瘤需要活检时,FDG-PET/CT 可以引导到最佳活检位置^[36]。

2.3 SGML 的病理学检查

目前,组织病理学活检仍是 SGML 确诊的主要手段。但由于 SGML 缺乏特异性的免疫表型,需要与 FL、慢性淋巴细胞白血病、套细胞淋巴瘤等进行鉴别后,结合免疫组织化学结果与形态学表现诊断。SGML 的 HE 染色主要表现为不同程度的腺泡萎缩;部分可见囊性扩张;淋巴细胞弥漫性浸润,绝大多数为中心细胞样细胞、单核样 B 细胞和小淋

巴细胞;反应性淋巴滤泡增生,肿瘤细胞浸润淋巴滤泡;腺上皮破坏,部分可见 LEL^[38]。免疫组化检测能够对 SGML 进行抗原检测进而评估淋巴瘤的病理分型,SGML 相关抗体通常为 B 细胞标志物,即 CD20、CD79a、CD5、CD10、CD23、PAX-5 和 CD43 等^[38-41]。既往文献报道的患者免疫组化指标情况详见表 1。本病尚未发现特征性免疫表型,既往 SGML 免疫标志物显示:SGML 常表达 CD20、CD79a、Bcl-2、PAX5,CD21 在滤泡树突细胞 (follicular dendritic cell, FDC) 网中呈阳性,而 CD3、CD5、CD10、CD23、Cyclin-D1 多为阴性。同时, Ki-67 增殖指数均 <45%,符合 SGML 低度恶性特征。

表1 近10年报道的18例唾液腺黏膜相关淋巴组织淋巴瘤免疫组化标志物

Table 1 Eighteen cases of salivary glands mucosa-associated lymphoid tissue lymphoma immunohistochemical markers reported in the last decade

Number	Positive indicators	Negative indicators	References
1	CD20, Bcl-2	CD3, CD5, CD10, CD23, Cyclin-D1, Bcl-1, Lambda	[42]
2	CD20, CD79a, CD10, Bcl-2, CD3, CD5, IgG, IgG4, Ki-67(10%), CD138, Kappa, lambda	N/A	[43]
3	N/A	N/A	[44]
4	CD20, Kappa	CD5, CD10, CD23, lambda	[45]
5	CD20	N/A	[46]
6	CD20, CD3, CD5	Cyclin-D1, CD10, CD23	[47]
7	CD20, CD79a, PAX5, CD43, Bcl-2, CD23	CD3, CD5, CD10, MUM1, Bcl-6, Cyclin-D1, CD23	[48]
8	Bcl-2, CD20, CD43, MUM1, Ki-67(8%-10%)	Bcl-6, Cyclin-D1, CD10, CD3, CD5	[49]
9	CD20, CD79a, Bcl-2, Ki-67(10%)	CD10, Cyclin-D1, CD3, CD5, CD23	[50]
10	CD20, Bcl-2, Ki-67, lambda	CD3, Cyclin-D1, Kappa	[51]
11	CD20, Bcl-2, Ki-67(20%)	lambda	[52]
12	CD20, CD79a, Bcl-2, CD3, Bcl-6, CD4, CD8	CD10, CD56, Cyclin-D1	[53]
13	N/A	N/A	[54]
14	CD20, CD79a, CD38, CD23, CD21, CD3, CD5, Bcl-2, Cytokeratin, Ki-67(15%), lambda	Cyclin-D1, Kappa	[55]
15	CD20, Bcl-2	CD3, CD5, CD10, Cyclin-D1, EBER	[56]
16	N/A	N/A	[57]
17	CD20, CD19, PAX5, CD22, MNDA, Bcl-2, CD43, c-myc, MUM1, CD30, CD21, CD23, CD35, p53, IgG4, Ki-67(40%), PEPCCK	CD3, CD5, CD10, Bcl-6, Cyclin-D1, IgD, LEF1, CD4, CD8	[58]
18	CD20, CD23, CD138, Kappa	N/A	[59]

Bcl: B-cell lymphoma; N/A: not applicable; CD: cluster of differentiation; Ig: immunoglobulin; MUM1: multiple myeloma oncogene 1; PAX5: paired box 5; MNDA: myeloid nuclear differentiation antigen; c-myc: cellular myelocytomatosis oncogene; EBER: epstein-barr virus-encoded small RNA; LEF1: lymphoid enhancer factor 1

2.4 SGML的细胞学检查

细针穿刺(fine needle aspiration, FNA)是唾液腺病变术前评估的重要方法,与切除活检相比更容易进行、更安全^[60]。但对于罕见的唾液腺肿瘤和常见肿瘤的罕见组织学变异,FNA的准确性有待考量,所以SGML很难单独通过FNA诊断^[61]。与FNA相比,超声引导下空芯针活检并发症发生率更低^[62],精确度更高,并可确定腮腺肿瘤的类型,进而指导临床医生精准治疗,降低术后并发症^[63]。

2.5 SGML的实验室检查

基于SGML的病因学特点,完善血常规、生化检查、肝肾功能检查、乙肝等传染病检查也是必要的^[64]。贫血是最常见的血液学异常,其次是白细胞减少和血小板减少,部分恶性肿瘤患者的血清

蛋白电泳、血清游离轻链(serumfree light chain, sFLC)检测、血清 $\beta 2$ 微球蛋白检查结果也可能出现异常^[65]。研究发现,干燥综合征疾病活动指数、冷球蛋白血症和浸润灶评分是pSS患者MALT淋巴瘤的预测因子^[66]。

2.6 SGML的鉴别诊断

SGML的临床表现缺乏特异性,需与其他恶性淋巴瘤、慢性唾液腺炎、IgG4相关疾病及良性肿瘤/瘤样病变(如多形性腺瘤、良性淋巴上皮囊肿等)鉴别^[67]。组织病理学及免疫组化检查为诊断金标准,若CD5(+)、CD10(+)、Bcl-2强阳性需与FL鉴别诊断;Bcl-2、Bcl-6、MUM1阳性需与DLBCL鉴别诊断。分子遗传学检查对SGML某些遗传学异常有较高特异性,但明确诊断仍需组织病理学检查结果支持。

3 SGML的治疗与预后

3.1 SGML的治疗

目前,针对SGML的最佳治疗尚未明确定义,可采用手术切除、化学治疗、放射治疗、抗感染治疗单独或联合使用^[68]。治疗方式因人而异,也应考虑到肿瘤的部位、分期、临床特征和患者的整体健康状况^[69]。

根据中国淋巴瘤治疗指南(2023年版),早期SGML(Ann Arbor I期及II期)通常采用手术切除,如切缘阳性,术后应采用受累部位放疗(involved site radiotherapy, ISRT),若切缘阴性可以选择观察^[70]。放疗标准剂量为24~30 Gy,根据肿瘤的体积及部位调整用量。但需要注意的是,腮腺区放疗可能会进一步损害腺体的功能并加重pSS患者的口干症状。

采用腺体部分切除术对于治疗较局限的低级别SGML疗效显著,但同时会导致瘢痕形成和外观的长期改变;其他潜在风险包括面神经的暂时性或永久性损伤、感觉丧失、耳颞神经综合征、伤口感染、唾液囊肿和瘘管。有研究表明,针对局限型SGML,经HP根除方案(如质子泵抑制剂、克拉霉素、阿莫西林和甲硝唑)后达到完全缓解^[71]。说明一线抗生素治疗可能有益于某些局限型SGML患者,避免放疗或化疗导致的不良反应。

晚期SGML(Ann Arbor III期及IV期)无功能障碍者可选择观察,若伴随发音吞咽困难等症状及其他部位功能障碍,可选择ISRT,以利妥昔单抗为基础的化疗是首选方案,利妥昔单抗用于治疗SS伴SGML患者不仅可以控制淋巴瘤,还可降低SS的活性^[72]。其他化疗药物还包括苯达莫司汀、环磷酰胺、多柔比星、长春新碱和泼尼松等。病变范围广泛的复发患者,若无治疗指征可选择观察,有治疗指征患者可一线治疗达到完全缓解后选择观察或利妥昔单抗维持^[70]。

近年来,揭示惰性淋巴瘤的失调途径和免疫抗肿瘤反应方面的基础研究取得了进展^[73]。据美国国家综合癌症网络(National Comprehensive Cancer Network, NCCN)(2021年版)报道,Bruton酪氨酸激酶(Bruton tyrosine kinase, BTK)抑制剂如伊布替尼和泽布替尼已被列为MZL二线及老年体弱患者的首选方案,在一项针对60例MZL患者的多中心II期研究中,伊布替尼客观缓解率(objective response rate, ORR)为48%,而另一项65例MZL患者的II期研究中,泽布替尼ORR为68%,且与伊布

替尼相比,泽布替尼不良反应更少。厄布利塞是唯一获得美国食品药品监督管理局(Food and Drug Administration, FDA)批准用于MZL的PI3K抑制剂。在一项纳入69例复发/难治性惰性MZL患者的试验中,厄布利塞用于MALT淋巴瘤的ORR为45%,已被纳入MZL的后续治疗方案^[74]。此外,免疫检查点如程序性细胞死亡蛋白-1(programmed cell death protein-1, PD-1)抑制剂可能对特定亚型DLBCL有效,但对SGML疗效的研究尚处于早期阶段^[75]。此类非化疗药物治疗方案有望为复发性/难治性SGML患者提供更多选择。

3.2 SGML的预后

SGML进展缓慢,总体预后较好,10年生存率可达90%^[76]。I期或II期SGML患者的生存率不受初始治疗的影响,接受受累腺体完全切除的患者与部分切除患者的总生存期或无进展生存期无差异^[77]。不同部位MALT淋巴瘤的预后存在差异。在一项评估229例胃MALT淋巴瘤患者接受放疗的预后研究中,10年总生存期达92.8%^[78]。眼附属器MALT淋巴瘤复发率更高^[79]。少数SGML可发生高级别转化,5%~10%的SGML可转化为DLBCL,合并SS患者的转化风险更高^[80]。此外,高龄、 β_2 -微球蛋白、贫血、造血系统和淋巴结受累也是影响SGML预后的因素^[81]。

目前,生活质量评价已成为衡量癌症疗效的评价标准之一。SGML具有病情反复、治疗周期长、复发率高等特点,易诱发患者焦虑、抑郁等负面情绪,尤其是晚期及播散型SGML常出现淋巴瘤相关全身症状(发热、盗汗等)、多器官受累、严重口干、眼干^[67],临床医师需制定个性化治疗方案,治疗SGML的同时兼顾患者的生活质量。

4 小结

迄今为止,SGML的分子发病机制研究虽已取得一定进展,但仍存在局限性,如NF- κ B、BCR等信号通路在SGML中的协同作用尚未完全阐明,肿瘤微环境与SGML的相互作用尚需深入探讨。其次,SGML缺乏典型的临床表现,在临床上可能与系统性硬化症、IgG4相关性疾病、唾液腺肿瘤、良性淋巴上皮病变相混淆,导致误诊或延误治疗,影响预后。因此,早期诊断对SGML的治疗至关重要。目前确诊SGML主要依赖于组织病理学检查或FNA,创伤较大,可能导致出血、神经损伤或涎痿,因此,无创或微创的早期诊断技术(如液体活检、超声弹

性成像、唾液生物标志物检测等)的研究至关重要。最后,目前对SGML的治疗主要集中在手术和放化疗,对唾液腺损伤较大,因此,提高放化疗的疗效、减少毒副作用、制定个性化治疗方案是未来亟待解决的问题。尽管BTK抑制剂对B细胞恶性肿瘤有效,但持续使用BTK抑制剂可能导致BTK结合位点(半胱氨酸481)发生突变^[82]。PD-1抑制剂在SGML中的研究目前仍处于早期探索阶段^[83],尚需更多临床试验数据支持,未来研究应聚焦在PD-1抑制剂与放化疗或靶向药物联合治疗方案和生物标志物的精准筛选方面,以突破现有研究瓶颈。

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