

A MOMENT IN THE LIFE OF A FAMILY PHYSICIAN

Working with others

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As a mother of two children with autism spectrum disorder, I understand that even as a family medicine specialist, I would not be able to meet the complex health needs of my children on my own. Over the years, I have learned to work more effectively with other allied healthcare professionals to meet my children's needs, and this experience has influenced the way I manage my patients in my clinical practice.

This is a photograph of one of my children's emotion board. My son is an amazing visual learner, and the emotion board helps him in expressing his emotions, recognising the emotions of others and responding appropriately to these emotions.

