

ORIGINAL ARTICLE

Probabilistic Tractography Between Nucleus Accumbens and Other Reward-related Brain Areas in Malay Female Adolescents

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ABSTRACT

Introduction: Studies show that adolescents are more reward sensitive compared to other age groups. The nucleus accumbens (NAcc) has been identified as a key brain area involved in reward through its connectivity to other reward-related brain areas. Our study aimed to characterise the white matter structural connectivity of nucleus accumbens with brain areas that are most often associated with reward in female adolescents. **Methods:** Fifteen healthy female Malay adolescents were recruited and underwent diffusion-weighted brain scanning. Two behaviour scales were also given to verify typical reward responsiveness. Then, probabilistic tractography and NAcc segmentation were performed on the data using FMRIB Software Library (FSL). Probabilistic tractography was performed to determine the relative connection probability of nucleus accumbens (NAcc) to areas shown to be associated with reward, namely amygdala, anterior cingulate cortex (ACC), medial orbitofrontal cortex (mOFC), hippocampus, ventrolateral prefrontal cortex (vlPFC) and dorsolateral prefrontal cortex (dlPFC). Connectivity-based segmentation of NAcc was performed to determine the spatial distribution of its connectivity with the target brain areas according to the highest connection probability. **Results:** The highest relative connection probability was found between NAcc to mOFC, while the NAcc parcellation showed the widest distribution of connection to mOFC compared to the other five targets on both sides of the brain. **Conclusion:** Our findings demonstrated the strongest structural connectivity and widest distribution between NAcc and mOFC compared with other brain areas related to reward. This study's findings could be used as baseline to compare with people with atypical reward circuit problems.

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INTRODUCTION

Adolescents, defined as being in the age range of 10 to 25 years of age, are known to be associated with higher risk-taking behaviour and impulsivity (1–3). The adolescence period is commonly associated with the onset of substance abuse activity (4–6). This may be due to the constant development of brain regions during this period (2,7). Adolescents have also been shown to have higher reward sensitivity compared to other age groups (8,9). Reward sensitivity is a trait of temperament and personality with a considerable individual difference in the tendency to recognise, pursue, learn from, and receive pleasure from positive stimuli (10). Hence, the reward structural connectivity of this age group has previously been studied especially concerning reward

sensitivity and addiction.

From previous studies of reward structural connectivity, during the adolescence period, an atypical reward network has been implicated in the initiation of substance use (4–6) and regions related to impulsivity, reward sensitivity and addiction have been identified (11–13). The accumbofrontal tract which connects the nucleus accumbens (NAcc) and the orbitofrontal cortex (OFC) is often studied in relation to reward including reward hypersensitivity in adolescents (4,8,14). The NAcc has also been found to have a major role in the reward system and it is more activated when it comes to cues that signal potential rewards compared to cues that signal no reward.

Dopamine is the main neurotransmitter that plays an important role in the brain reward system (15). Dopamine originates from the ventral tegmental area and the mesolimbic dopamine pathways related to reward includes the ventral striatum, NAcc, lateral

hypothalamus, amygdala and hippocampus (15,16). Structures in the mesocortical dopamine pathway involved in reward are the OFC, prefrontal cortex (PFC) and the anterior cingulate cortex (ACC) (5,17).

Diffusion MRI is an excellent tool for investigating brain white matter integrity and has been used to investigate reward structural connectivity of the adolescent brain (4,12,13). This MRI-based imaging technique can be used to obtain the three-dimensional orientation of the brain's white matter tracts measured voxel by voxel (18,19). Fractional anisotropy is the measured parameter in diffusion MRI that describes the degree of diffusivity of water molecules between 0 (isotropic or freely diffusible in all directions) and 1 (diffusion is directional following the axis of the axon). Probabilistic tractography is a dMRI analysis technique that allows the reconstruction of tracts within the brain based on water diffusivity (20,21). Connection probability between areas in the brain, designated as seed and target, is obtained by tracking a set number of samples from the seed area and measuring how many of the samples reach the target (22). The advantage of this technique is that it provides a quantitative measurement of white matter connectivity in the form of connection probability.

It is not clear how the NAcc, a key structure in the modulation of reward, connects to six other reward-related regions which are the amygdala, ACC, medial orbitofrontal cortex (mOFC), hippocampus, ventrolateral prefrontal cortex (vlPFC) and dorsolateral prefrontal cortex (dlPFC). We hypothesized that the relative connection probability and parcellation of the NAcc to the six reward-related target regions would show the highest connection probability hence strongest connectivity to the medial orbitofrontal cortex (mOFC) compared to the other regions based on findings involving different study subjects (8,11,12,23). Thus, the objective of this study was to determine the relative connection probability and distribution of connection of the NAcc to six pre-determined targets in young healthy Malay female adolescents. The current study analysed only female adolescents because previous studies have found significant sex differences between male and female white matter microstructure (8,14,24). An example is the study by Karslgodt and colleagues where they found a significant sex difference of the age-related change in FA of the tract connecting NAcc to OFC (8). They found that males' tract mature faster, with a higher and earlier peak at age $13.9(\pm 6.85)$ during adolescence, while in females, peak of tract maturity was much later at the age of $18.6(\pm 3.79)$ years.

MATERIALS AND METHODS

Participants

We used data from a previous diffusion MRI scanning, whereby there were 30 samples. From the process of elimination due to incomplete MRI data, left-

handedness, gender and no reward responsiveness data, only fifteen females were analysed further. The fifteen undergraduate or diploma students between 18 to 24 years of age were recruited from the Health Campus, Universiti Sains Malaysia. The inclusion criteria were right-handed females with normal colour vision and the ability to understand instructions in the MRI scanner. The exclusion criteria included the presence of contraindications to MRI scanning, history of psychiatric disorder requiring current psychotropic medication or previous inpatient psychiatric hospitalization, substance abuse, pregnancy, claustrophobia, and medications that may influence the central nervous system. Ethical approval was granted by the Human Research Ethics Committee of USM (JEPeM) (USM/JEPeM/20060295). Participants had also provided informed consent.

Psychological questionnaires

Participants were given online psychological tests, including the Reward Responsiveness scale (RRS) and the Behavioural Inhibition System and Behavioural Activation System (BIS/BAS) scale, to verify they exhibited typical reward responsiveness (25–28). RRS is able to measure reward responsiveness (28). An example of an item in the scale is "I am someone who goes all-out." The BIS/BAS scale measures two basic brain mechanism which is the behaviour inhibition system that is responsive to punishment and behavioural activation system that can assess sensitivity to reward (27,29). An example of an item in the scale is "It would excite me to win a contest." This information on reward responsiveness was compared to the typical scores of healthy teenagers in previous studies. Reward responsiveness items are shown to be related to reward sensitivity since they correlate with the Sensitivity to Punishment and Sensitivity to Reward Questionnaire (SPSRQ) (28). Reward responsiveness however focuses more on reward rather than punishment.

Diffusion MRI data acquisition

The diffusion-weighted MRI data were acquired using Philips Achieva 1.5 Tesla in the year 2013. The parameters for DTI were: field of view (FOV) = 240 mm²; b-value = 1000 s/mm², voxel resolution = 2.5 x 2.5 x 2.5 mm; number of slices = 67; slice thickness = 2.3 mm; repetition time (TR) = 10726 ms; echo time (TE) = 76 ms in 32 non-collinear diffusion directions with one b value = 0 mm/s² image. High-resolution T1-weighted anatomical images using a 3D magnetized-prepared rapid gradient-echo (MPRAGE) were acquired with the following parameters: FOV, 256 mm², voxel resolution = 1 x 1 x 1 mm TR = 7.84 ms; TE = 3.86 ms, average number of slices = 170.4 (including 150, 160 and 176); slice thickness = 2 mm; inversion time = 900 ms; flip angle = 8°.

Diffusion MRI data processing

Acquired data were processed using the FMRIB Software Library (FSL) software (www.fmrib.ox.ac.uk/fsl; Analysis

Group, FMRIB, Oxford, United Kingdom) (19,30,31). Firstly, the raw data were converted from DICOM to NIfTI using MRICConvert version 2.1.0. After conversion, the data can be further processed using the FMRIB Software Library (FSL) version six (19,31,32). Then, FMRIB Diffusion Toolbox (FDT) version five was used for eddy current correction. The images at b-value 0 was extracted from the diffusion-weighted images of each subject. This step was followed by the brain extraction step which was done for both 3D T1-weighted MRI image and no diffusion image. The brain extraction tool (BET) in FSL was used to obtain an image that excluded non-brain regions and generated a brain mask for further use in the subsequent steps (1,33,34). Automated modelling of crossing fibres was performed using bedpostX with the following parameters: number of fibre orientations per voxel = 2, weight = 1, and burn in = 1,000. This step produced the bedpostX output directory. This step was followed by the registration step to produce a set of transformation matrix files needed for tractography since the masks in this study are in standard space (not in diffusion space). So, the two transformation matrices which were standard to diffusion and diffusion to standard (non-linear transform) were needed.

In the registration step, the no diffusion image which was extracted using BET tool was first put into the bedpostX output directory. Brain extracted structural image was put into the directory with default setting: normal search, six degrees of freedom (DOF) and correlation ratio. The original T1 weighted image which included non-brain regions was then chosen. Lastly, standard space of T1 weighted image of Montreal Neurosciences Institute (MNI152) 1mm brain was chosen with default settings: normal search, 12 DOF and correlation ratio.

Regions of Interest

The regions of interest (ROI) were defined on the T1-weighted images for each subject using the FSLeves package (within FSL software). The anatomical landmarks were determined using the Harvard-Oxford atlas provided. The nucleus accumbens (NAcc) was selected as the seed region while the target regions included the amygdala, ACC, mOFC, hippocampus, vLPFC and dLPFC as determined from previous studies on reward network (11,12,23). The Harvard-Oxford atlas was used for all the ROIs with specific thresholds set for each ROI. The NAcc was thresholded at 40% while amygdala, ACC, mOFC, hippocampus, vLPFC and dLPFC were thresholded at 50%, 25%, 20%, 50%, 30% and 20% respectively. An example of masks set for the ROIs is shown in Fig. 1.

Probabilistic tractography

Probabilistic tractography was performed from the NAcc to six pre-determined target structures: amygdala, ACC, mOFC, hippocampus, vLPFC, and dLPFC to determine the connection probability of NAcc to the six reward-related brain regions. The bedpostX datasets were used

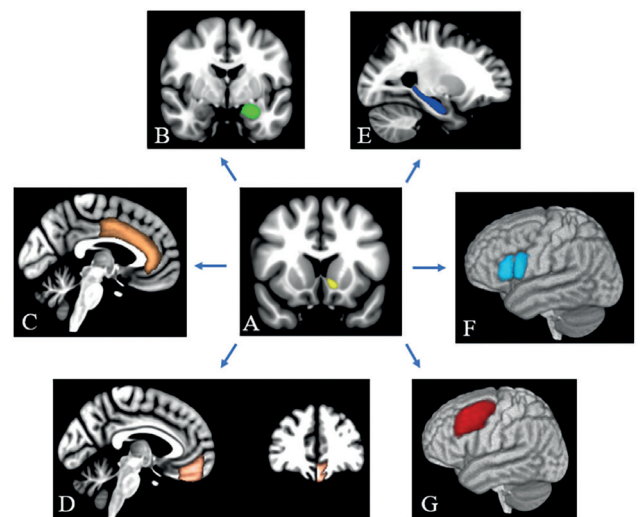


Fig. 1: Examples of the seed (A) and the subcortical (B,E) and cortical (C,D,F,G) target masks on the left hemisphere. Masks were derived from FSLeves which was then used for probabilistic tractography from the nucleus accumbens to each target. (A) Nucleus accumbens, NAcc (B) Amygdala; (C) Anterior cingulate cortex, ACC; (D) Medial orbitofrontal cortex (mOFC); (E) Hippocampus; (F) Ventrolateral prefrontal cortex, vLPFC (G) Dorsolateral prefrontal cortex, dLPFC

to run probtrackX, a part of FDT (14,19,32). From each voxel in the NAcc, 5000 samples were generated and used to track to all the targets. The FSL default was set which includes 0.2 for curvature threshold and loop check termination.

The quantitative analysis was performed for each subject from the connection probability output produced from the tracking (34). It is indicative of the probability that there is a connection between the seed area and target. From the 5000 samples initiated from each voxel within the NAcc seed region, the number of streamlines was determined whereby streamline is equal to mean (M) times volume (V). M represents the mean number of samples per voxel within a seed area with a positive connection probability to the target while V represents the number of voxels in the seed area with a positive connection probability to the target. The assumption is that stronger white matter connectivity between the seed and target areas will be shown by a higher number of streamlines (22,35,36). The percentage of relative connection probability was then calculated for each subject on both the left and right hemisphere. Relative connection probability (RCP) is the percentage of connection probability of the seed to each target over the total connection probability of the seed to all the six targets (22,37). The mean relative connection probability was then calculated to obtain the average RCP within the group.

$$RCP = (MiVi / \sum MV) \times 100$$

The relative connection probability was averaged over all NAcc voxels, and this value was then averaged

across all 15 subjects.

Parcellation of NAcc

Connectivity-based parcellation of NAcc was done via FSLeyes for each participant. The images were focused specifically on the NAcc region for easier visualization. The FSL file labelled “biggest” obtained from the previous probtrackX step was opened whereby hard clustering was applied to the tractography result. This displayed the segmentation of NAcc into six clusters which corresponded to the probabilistic connectivity pattern to each of the six target masks. This clustering method assigned each voxel within the NAcc to the target with the highest connection probability (38,39).

Statistical analysis

The Statistical Package for Social Sciences (SPSS) version 26 was used for the descriptive analysis of demographic data and questionnaires.

RESULTS

Characteristics and psychological scores

The characteristics and psychological scores of the participants are summarised in Table I. The mean age for the participants was 19.47 (±0.64) and ranged from 18 to 20 years old. The mean reward responsiveness score (RRS), Behavioural Inhibition System (BIS) score, Behavioural Activation System (BAS) reward responsive score, BAS drive score and BAS fun seeking score for the participants were 24.07 (±2.81), 22.40 (±2.23), 18.60 (±1.76), 13.27 (±1.83) and 12.13 (±1.36), respectively.

Relative connection probability

Probabilistic tractography performed from the NAcc to six pre-determined target structures: amygdala, ACC, mOFC, hippocampus, vIPFC, and dIPFC showed that the NAcc had the highest probability of connection with the mOFC relative to other targets for both hemispheres (Fig. 2 and Fig. 3). The average relative connection probability from NAcc to the six target regions; amygdala, ACC, mOFC, hippocampus, vIPFC, and dIPFC was 14.6%, 6.5%, 65.2%, 10.9%, 1.4% and 1.5% respectively in the left hemisphere. In comparison, the average relative connection probability from NAcc to mOFC was 4.4 to 48.2 times higher than the average relative connection probabilities to the other five target regions.

In the right hemisphere, the average relative connection probability from NAcc to the six target areas; amygdala, ACC, mOFC, hippocampus, vIPFC, and dIPFC was 8.7%, 15.9%, 64.9%, 5.3%, 3.1% and 2.1% respectively. The average relative connection probability between NAcc and mOFC was 4.1 to 30.9 times higher compared to the relative connection probabilities of the other five target areas. There was also no overlap between the standard error of mean (SEM) error bars of NAcc to mOFC relative connection probability with the error bars of the other target regions, indicative of statistical significance as it

Table I: Characteristics, psychological scores of the participants and normal range

Variables	Mean (SD)	Range	Normal range (ref.)
Age (years)	19.47(0.64)	18-20	-
Weight (kg)	51.80 (10.84)	40-72	-
Height (cm)	155.00 (4.36)	149-164	-
RRS score	24.07 (2.81)	19-28	18-32 (26,41)
BIS score	22.40 (2.23)	19-26	10-28 (40,42-44)
BASRR score	18.60 (1.76)	15-20	9-20 (40,42-44)
BASD score	13.27 (1.83)	10-16	5-16 (40,42-44)
BASFS score	12.13 (1.36)	11-15	5-16 (40,42-44)

RRS: Reward Responsiveness Scale, BIS: Behavioural Inhibition System, BASRR: Behavioural Activation System Reward Responsiveness, BASD: Behavioural Activation System Drive and BASFS: Behavioural Activation System Fun Seeking.

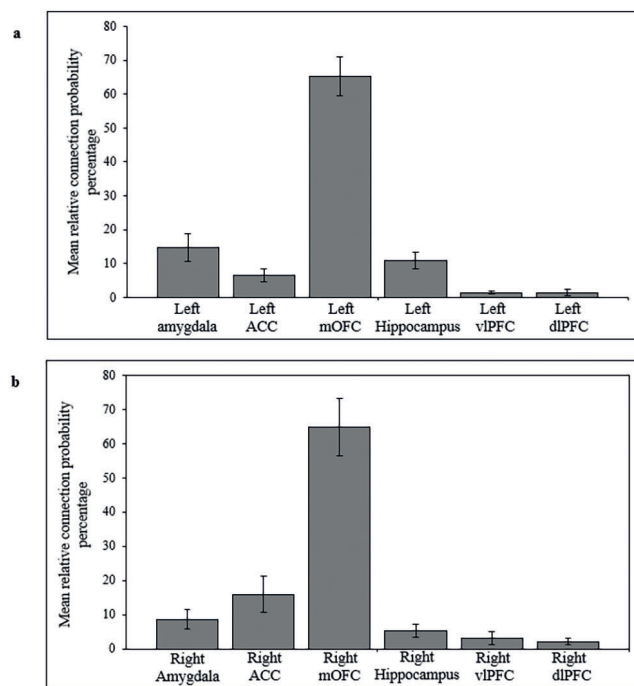


Fig. 2: Mean relative connection probability (%) between NAcc to the 6 reward-related regions in all 15 participants. ACC, anterior cingulate cortex; mOFC, medial orbitofrontal cortex; vIPFC, ventrolateral prefrontal cortex; dIPFC dorsolateral prefrontal cortex. a, left hemisphere b, right hemisphere

was calculated with the same sample size.

Individual analysis of the results showed that four participants differed from the group average (Fig 5-8). One participant (subject three) had the highest connection probability to the amygdala on the left hemisphere and the ACC on the right hemisphere. Two other participants (subject four and subject six) had the highest relative connection probability to the amygdala on the right hemisphere while another participant (subject eight) showed the highest relative connection probability to the ACC on the right hemisphere. These three latter participants all had the highest relative connection probability to the mOFC in the left hemisphere.

Parcellation of NAcc

The wide distribution of connectivity to the mOFC

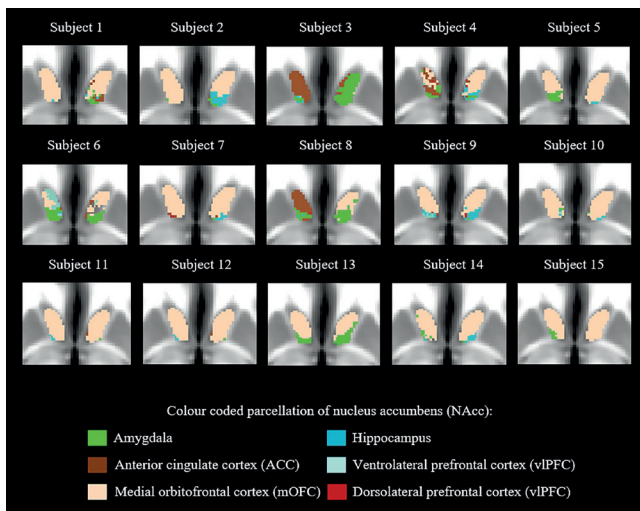


Fig. 3: Connectivity-based segmentation of nucleus accumbens (NAcc) and corresponding six reward-related target regions colour-coded by region. Each voxel in the NAcc is labelled according to the target region with which the connection probability was highest.

shown on the NAcc further supports that the NAcc-mOFC had the highest relative connection probability for the majority of the participants for both right and left hemisphere. The distribution pattern of the mOFC connectivity was shown to cover a wider surface of the NAcc seed region compared to the connections with the other five target regions for most of the participants as shown in Fig. 4.

DISCUSSION

Our study aimed to characterise the structural connectivity between NAcc, an area identified to be involved in reward, with other brain areas previously shown to be implicated with reward processing, in healthy Malay female adolescents (11,12,23). The scores on the Reward Responsiveness scale and the BIS/BAS scale showed that all the participants scored within the normal range of typical reward responsiveness as indicated by previous studies (26,40–44).

The relative connection probability of NAcc and mOFC was shown to be highest compared to that of NAcc to the amygdala, ACC, hippocampus, vLPFC and dlPFC on both left and right hemispheres. This was also supported by the parcellation result. Similarly, the tract connecting NAcc and the OFC, the accumbofrontal tract, was characterised by Karlsgodt et. al, (2015) in their diffusion tensor imaging study of healthy individuals aged 8-68 (8). Even though the terminal tractography ROI did include the whole region of the orbitofrontal cortex, the connection was limited to only the medial region of the white matter (8). Hence, mOFC was chosen as the target in our study and many studies that focus on the NAcc-mOFC tract for reward-related research (1,8,14).

The findings of the current study that the tract has a very high relative connection strength between NAcc and

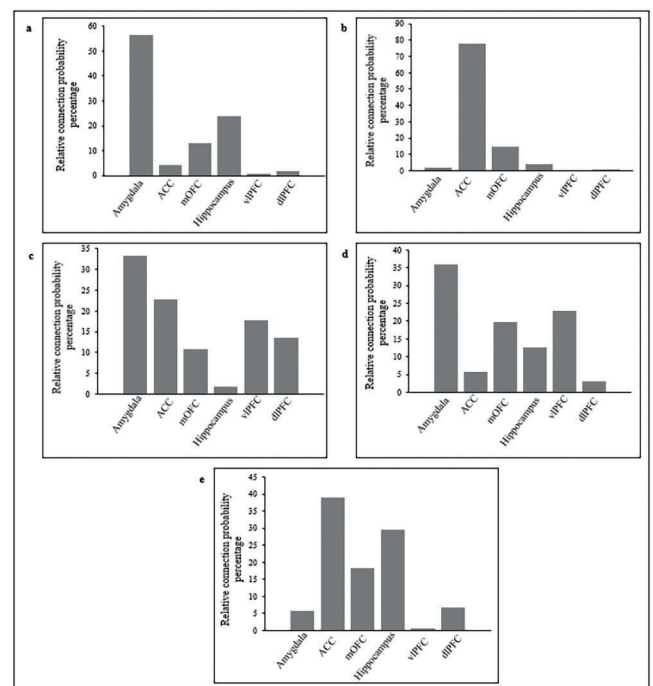


Fig. 4: Relative connection probability (%) between NAcc to the six reward-related regions in outlier subjects. ACC, anterior cingulate cortex; mOFC, medial orbitofrontal cortex; vLPFC, ventrolateral prefrontal cortex; dlPFC dorsolateral prefrontal cortex. a, Relative connection probability (%) of subject 3 in the left hemisphere. Relative connection probability values are 56.3%, 4.3%, 13.1%, 23.9%, 0.7% and 1.6% respectively. b, Relative connection probability (%) of subject 3 in the right hemisphere. Relative connection probability values are 1.9%, 77.9%, 14.9%, 4.1%, 0.5% and 0.6% respectively. c, Relative connection probability (%) of subject 4 in the right hemisphere. Relative connection probability values are 33.2%, 22.8%, 10.9%, 1.9%, 17.7% and 13.5% respectively. d, Relative connection probability (%) of subject 6 in the right hemisphere. Relative connection probability values are 35.9%, 5.7%, 19.7%, 12.7%, 22.9% and 3.1% respectively. e, Relative connection probability (%) of subject 8 in the right hemisphere. Relative connection probability values are 5.7%, 39.1%, 18.4%, 29.4%, 0.6% and 6.8% respectively

mOFC may be attributed to the early maturity of the accumbofrontal tract. Karlsgodt et. al, (2015) showed that the accumbofrontal tract matured around mid-adolescence. The average fractional anisotropy (FA) in the accumbofrontal tract undergoes significant changes with age across the lifespan whereby there is an early peak at the age of 14.8 (1.76) followed by a decrease and then levelled out. In addition, they found a sex difference whereby the accumbofrontal tract of males matures earlier at the age of 13.9 (6.85) compared to females at the age of 18.6 (3.79). Van den Bos et. al, (2015) investigated adolescents at the age of 18 to 25 and found that striatum showed increased connectivity with age to dlPFC, ACC, and amygdala but not to mOFC, the left vLPFC, and the hippocampus (12). The NAcc is the central hub in the reward circuit (16,45) and is a region for integration of emotional and cognitive input for modulating goal-directed behaviour (16,45,46). The mOFC is important in reward valuation in both anticipation and consummation (47–49). A previous human study found that mOFC lesions affected the ratings on choice-free valuation and even decreases

self-control during an intertemporal choice task. This task requires the participants to choose between a more immediate reward that is smaller in value or the postponed reward that has a much larger value (48). This suggests that mOFC damage increases the impulsivity of participants. If future studies were to look into the abnormal or non-typical reward network of participants, it may show less connection strength of this tract. This was found by Yuan and colleagues whereby the tract strength of NAcc-mOFC was significantly weaker in smokers compared to non-smokers (23).

Irregularities of the reward network may be the explanation for the tendencies of adolescents to adopt risky behaviours and make suboptimal decisions. Adolescents' prefrontal cortex continue to develop into early adulthood while having a mature limbic system (2,7). Hence, adolescents have been shown to be more biased toward reward evaluation by the limbic system compared to the prefrontal system. Previous studies have found that the complete development of the adolescents' prefrontal cortex is near the age of 25 (33,50). Hence, even though the accumbens tract matures early, the prefrontal cortex is one of the last brain regions to reach maturation and is not completely matured until near the age of 25 (33,50). The prefrontal cortex in general also plays a major role in the regulation of behaviour (33). This means that even if the adolescents understand that something is dangerous, with an immature prefrontal cortex, they may still be engaging in risky behaviour (33,50). Previous work had found that reward and executive functions do not mature alongside each other with existing behavioural evidence showing that reward network matures earlier which leads to a higher reward sensitivity or stronger motivation for seeking out opportunities perceived as rewarding (8). On the other hand, the brain regions for cognitive control or the executive network were found to mature much slower leaving the adolescents with a lower ability for behaviour regulation. (8,33,50).

The current study found individual differences compared to the group majority on the strongest connectivity of NAcc to the targets as shown by four subjects. These findings showed that there was individual variation within the group. However, our analysis did not allow for individual exploration due to its small sample. It should be noted that the scores of the four participants obtained for both RRS and BIS/BAS were still of typical reward responsiveness of healthy participants.

The limitation of this study is that the results could not be generalized to the Malay male adolescents because only females were analysed in this study. Other than that, the reward responsiveness scales given to the patients, the RRS and the BIS/BAS scales to ensure that the sample had typical reward responsiveness scores of healthy participants for future studies to compare the data to those of addiction or having reward-related

abnormalities. The normal range of reward responsive data obtained from the participants were taken from previous studies of other ethnicities which were a mix of Caucasian, African American, Asians, Latino and other ethnicities and not the data of previous Malay ethnicity (26,42–44). Some had mostly Caucasian participants. Furthermore, the behavioural data was taken 8 years after the diffusion MRI scan was taken.

Future studies should look into comparing this group finding of relative connection probability data and comparing with groups with addiction or other reward-related behavioural abnormalities. In addition, a longitudinal study of relative connection probability between the reward-related connectivity with similar seed and target mask in the current study can allow the analysis of the relative connection probability pattern throughout lifespan so that different age groups such as children, adolescents, adults and even elderly can be compared.

CONCLUSION

When compared to other reward-related brain regions, NAcc and mOFC had the strongest structural connection and the largest distribution within the NAcc segmentation for both left and right hemisphere. These study findings could be utilised as baseline data to compare persons who have unusual reward circuit disorders.

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