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· 防治实践 ·

金属殆面与应力中断设计在殆龈距不足游离端牙齿缺失修复中的应用

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【摘要】 目的 探讨金属殆面与应力中断设计修复殆龈距不足患者游离端牙齿缺失的效果。方法 对利用vitalium2000plus结合金属殆面、应力中断设计与压力印模技术修复殆龈距不足游离端牙齿缺失的病例1例进行回顾性分析,并复习相关文献。结果 该金属殆面及应力中断设计有效解决了患者殆龈距不足、咬合力大、义齿易折裂的难题。应力中断设计可有效保护基牙,但应力中断设计与应力传导现象在患者口内是如何表现的,尚未见报道。本研究T-scan检测结果显示,戴牙前、后,患者殆力分配比由左侧77.5%、右侧22.5%变为左侧61.3%、右侧38.7%,右侧牙列殆力占总殆力分配比提高了16.2%,口内咬合力分布更加均匀。进一步分析,初始咬合阶段,左右侧咬合力基本接近,随着咬合力进一步增加,在中间咬合阶段,右侧咬合力占比有所下降,并在终末咬合阶段进一步下降并达到一个动态平衡。以上T-scan检测及文献复习结果提示咬合力的动态平衡现象与应力中断设计和应力传导有关。结论 金属殆面复合应力中断设计能够实现对于殆龈距不足患者游离端牙齿缺失的微创修复。

【关键词】 可摘局部义齿; 应力中断; 金属殆面; vitalium2000plus; 微创修复; 压力印模; 游离端牙齿缺失; 殆龈距不足

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Application of a metal occlusal surface and split framework in the treatment of a patient with mandibular distal extension absence and insufficient occlusogingival distance LUO Jingting¹, WANG Yumin², SUN Guanyang³, QIN Tian⁴, WU Guofeng⁵, BA Ruikai⁶.

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【Abstract】 Objective To investigate the effect of a metal occlusal surface and stress interruption design on minimally invasive prosthodontics for patients with distal extension absence and insufficient occlusal gingival distance.

Methods We retrospectively studied the case of minimally invasive prosthodontic (Vitallium 2000) combined with a metal occlusal surface for distal extension absence in a patient with insufficient occlusal gingival distance; the stress breaking design and pressure impression technology are examined, and relevant articles are reviewed. **Results** The design effectively solves the problems of insufficient occlusal gingival distance, large occlusal force and easy denture fracture. Reviewing the relevant literature, stress interruption design can effectively protect abutment teeth, but the behavior of stress interruption design and stress conduction phenomena in the mouths of patients has not been reported. The T-scan test results of this study showed that before and after wearing the denture, the occlusal force distribution ratio of the patient changed from 77.5% on the left and 22.5% on the right to 61.3% on the left and 38.7% on the right. The occlusal force distribution ratio of the right dentition to the total occlusal force increased by 16.2%, and the occlusal force became better distributed. Further analysis showed that the occlusal forces on the left and right sides were nearly the same in the initial occlusion stage. As the occlusal force was further increased, the proportion of the occlusal force on the right side decreased in the middle of the occlusion stage and further decreased in the final occlusion stage until it reached a dynamic balance. The above T-scan test and literature review results suggest that this dynamic balance phenomenon of bite force is related to the stress interruption design and the stress conduction effect of the split framework.

Conclusion The composite of stress interruption design and metal occlusal surface allows for minimally invasive prosthodontics for the treatment of distal extension absence in patients with insufficient occlusal gingival distance.

【Key words】 removable partial denture; stress interruption; metal occlusal surface; vitallium2000plus; minimally invasive prosthodontics; pressure impression; distal-extension absence; insufficient occlusal gingival distance

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长期牙列缺损会导致患者语言、面容、咀嚼等生理功能的异常,对患者的生理和心理造成不同程度的影响^[1-2]。远中游离端牙齿缺失是牙列缺损的常见类型之一。以往有研究表明,远中游离端牙齿缺失在牙列缺损比例中约占到19.51%^[2-3]。目前,可摘局部义齿修复在临床上仍是游离端牙齿缺失的主要修复方式^[4-6]。但是,患者长期缺牙导致对颌牙伸长以及以往治疗中对伸长牙的过度调磨,均给游离端牙齿缺失患者的修复治疗带来极大困难^[7-8]。另外,在游离端可摘局部义齿应用过程中,由于基牙与黏膜组织之间存在的应力应变差异,会造成义齿游离端下沉,基牙损伤,这些也都为游离端牙齿缺失患者的治疗工作带来不小的难度^[9-10]。研究显示RPI卡环组和应力中断设计能够有效保护游离端牙齿缺失患者的邻间隙基牙^[11]。本文报告1例殆龈距不足、对颌牙伸长且被多次调磨致牙本质暴露的游离端牙齿缺失患者的治疗,应用vitallium2000plus结合金属殆面、应力中断设计与压力印模技术,在保留被多次调磨的对

颌余留牙活髓前提下,有效解决了患者殆龈距不足、咬合力大、义齿易折裂的难题,并利用T-scan观察到义齿发挥咀嚼功能时的应力中断与应力传导现象,为今后义齿设计提供参考并为相关后续研究提供思路。

1 资料和方法

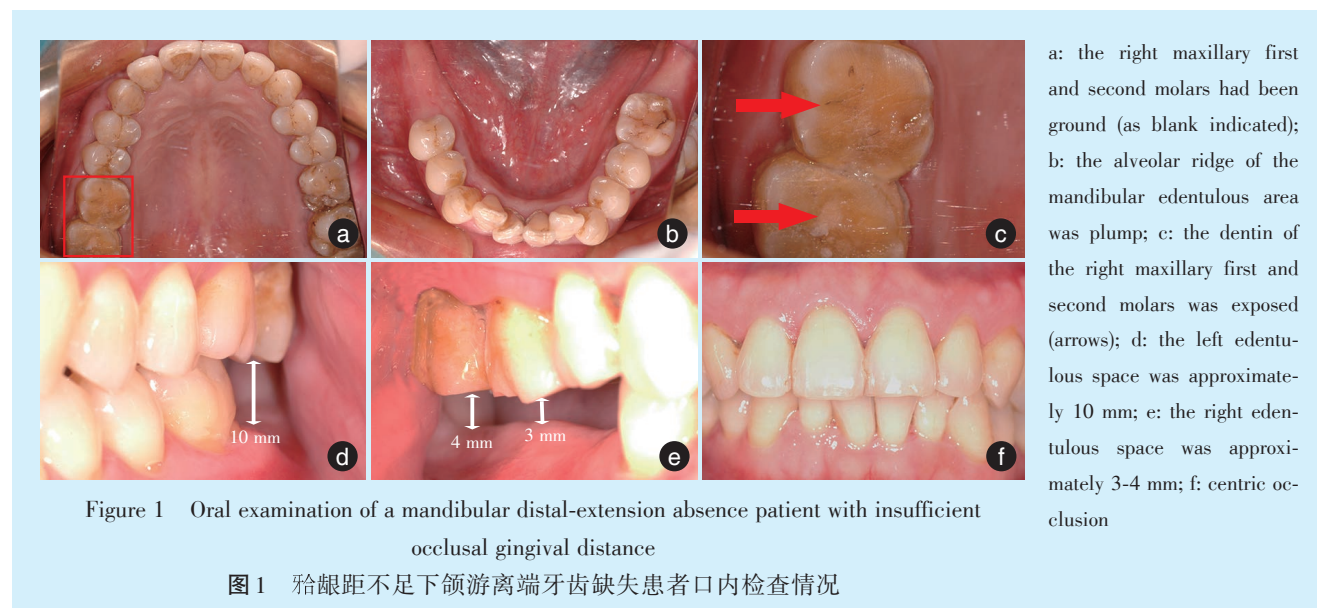
1.1 病例资料

患者,女性,51岁,陕西西安人,因双侧下颌后牙缺失3年,来我院要求修复治疗。患者无吸烟、酗酒史。全身健康状况良好,否认有高血压、心脏病等系统性疾病,否认有乙肝、艾滋病等传染性疾病,无药物过敏史。患者自述“5年前两侧下后牙因严重龋坏于外院拔除,曾于外院行活动义齿修复2次,均半年内折断。最近一次活动义齿损坏至今1年时间内,未对缺失牙进行修复。以往修复过程中曾因缺牙区对颌牙伸长,对右侧上后牙进行调磨,右侧上后牙进食过冷过热食物有不适感”。临床检查:37牙缺失,邻间隙牙无倾斜、无扭转,对

颌牙无明显伸长,咬合间隙良好。缺牙区牙槽骨低平,无明显骨尖,黏膜正常。46、47牙缺失,邻缺隙牙无倾斜、无扭转,45牙I度松动。对颌16、17牙伸长,并已行调磨,牙本质暴露,探之有牙本质敏感症状,缺牙间隙约3~4 mm。缺牙区牙槽骨丰满,

无明显骨尖,黏膜正常(图1)。正中殆关系,开口度、开口型正常,无关节弹响等颞下颌关节症状。

影像学检查显示:患者右侧缺牙区牙槽嵴丰满,对颌牙伸长,殆龈距不足(图2)。临床诊断:37、46、47牙齿缺失。



1.2 治疗计划

针对该病例殆龈距不足、修复空间有限的难题,结合患者保留对颌牙活髓、微创不增加口腔外科手术、义齿耐用的要求,对患者进行脱敏治疗后针对性地制定出3个对策。

首先,为解决修复空间有限的问题,设计金属殆面及颊面树脂雕牙;其次,为防止义齿游离端过度下沉、支架断裂,对缺牙区采用局部功能性印模;最后,为合理分散殆力,保护基牙,对支架进行应力中断设计。

治疗计划:可摘局部义齿修复缺失牙。

1.3 治疗过程

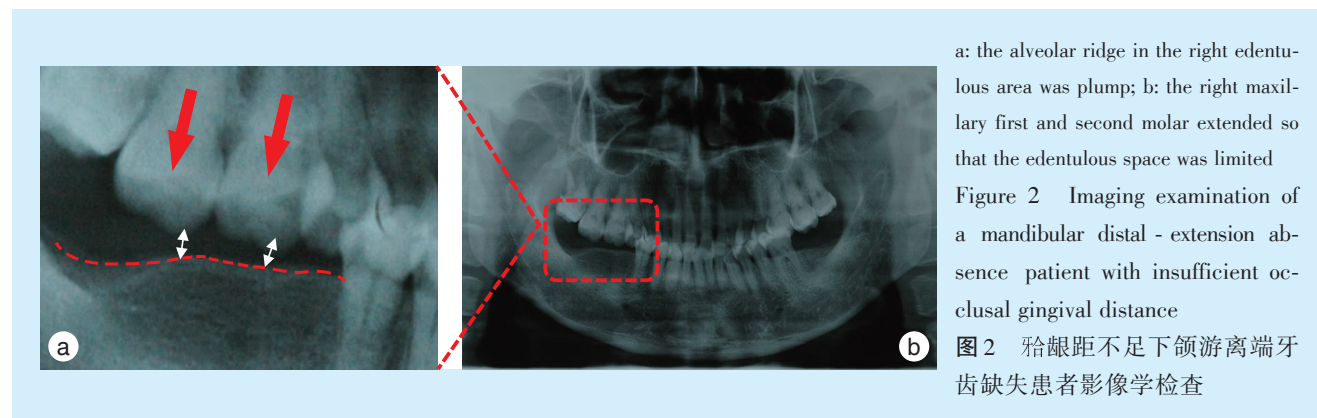
1.3.1 初模型分析与支架设计 取初模型,利用导

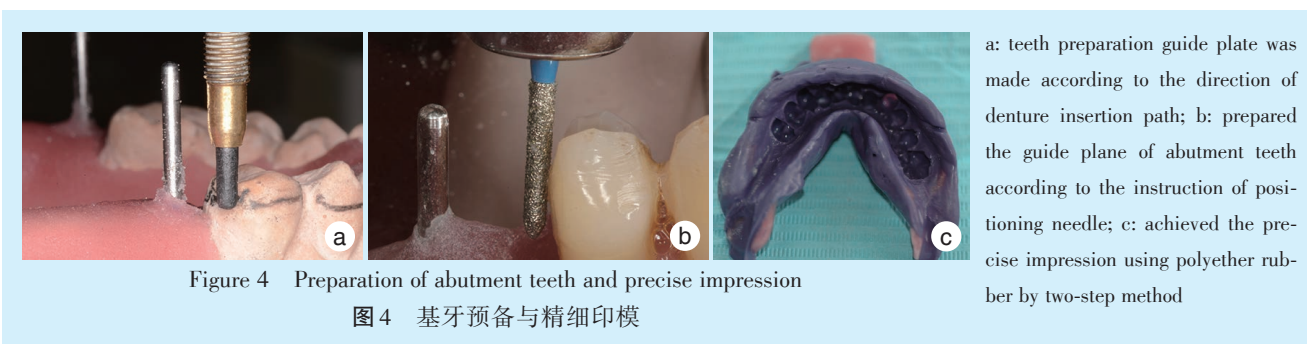
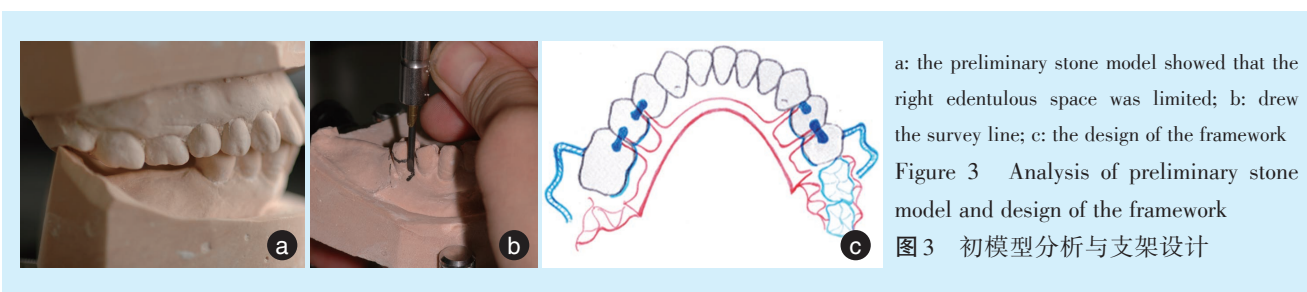
线观测仪进行分析,进行义齿初步设计,完成义齿设计图(图3)。

1.3.2 基牙预备与精细印模 依据义齿就位道方向制备备牙导板,并利用备牙导板进行基牙预备,消除基牙过大倒凹,制备导平面及支托窝。并用个别托盘与流动性更好的聚醚橡胶,两步法制取精细印模(图4)。

1.3.3 殆关系转移 利用面弓完成殆关系的记录与转移,并完成工作模型上殆架。再次与技师交流,明确支托、卡环、大连接体的形式与位置,金属殆面、网状加强以及应力中断设计,并共同在工作模型上完成义齿制作图(图5)。

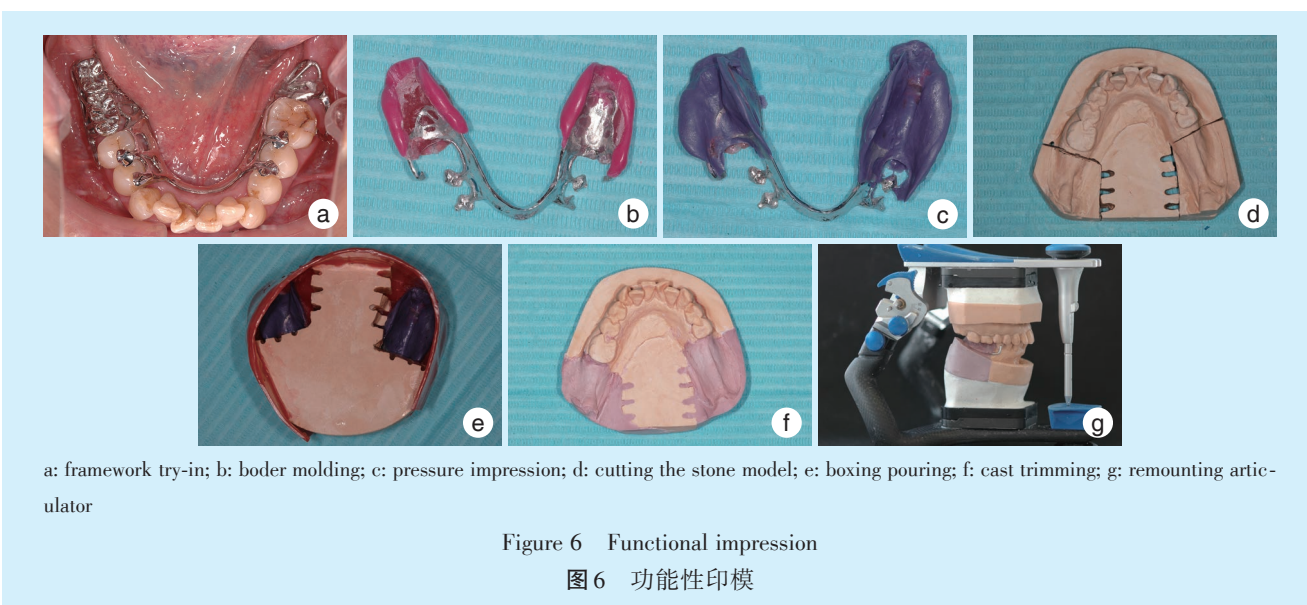
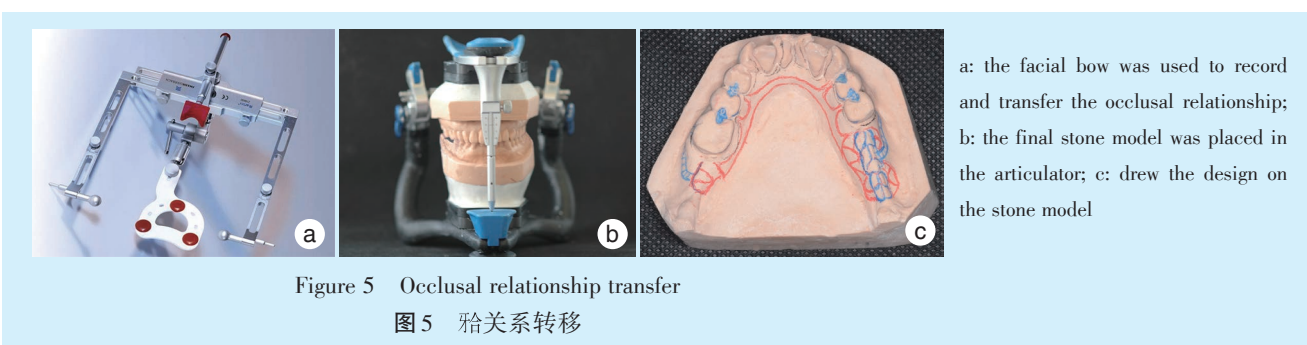
1.3.4 功能性印模 1周后复诊,支架调改,口内





试戴合适后,用光敏树脂在支架上制作缺牙区局部个别托盘,并进行边缘整塑,利用聚醚橡胶制取功能性印模后,进行模型切割、围模灌注及模型修

整。重新上架后,送交技工室(图6)。
1.3.5 义齿完成与试戴 义齿初戴时,首先对义齿组织面、基托边缘进行调磨。义齿完全就位后,用



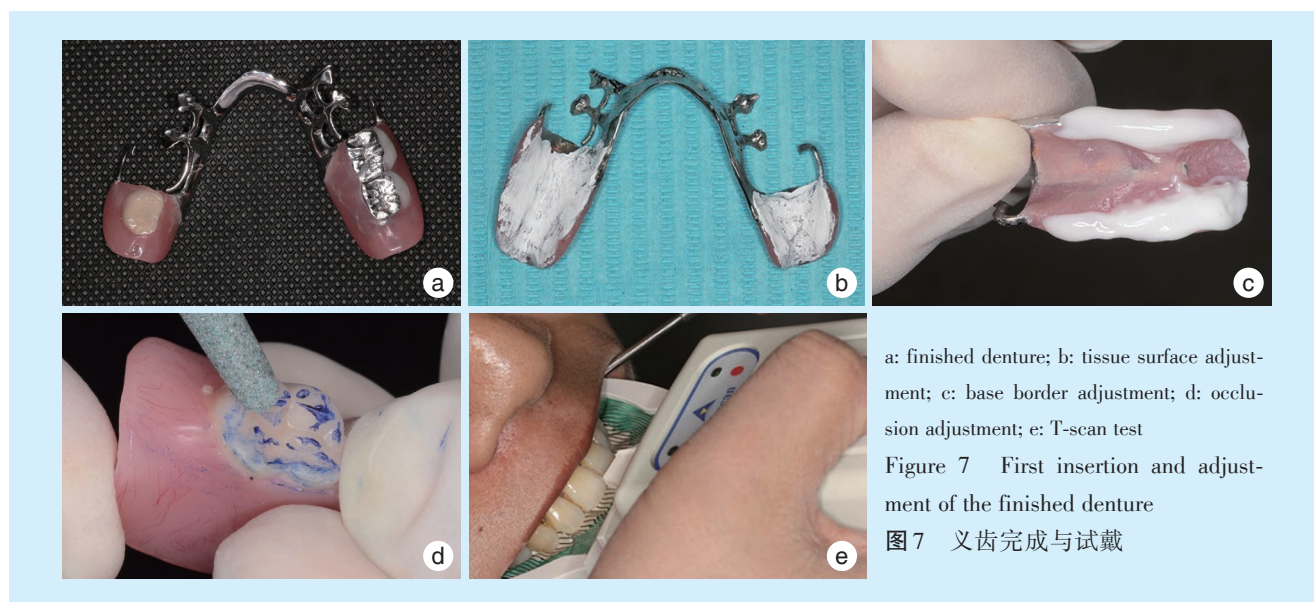
咬合纸辅助进行咬合调改。T-scan 检测调改后患者口内咬合状态(图7)。

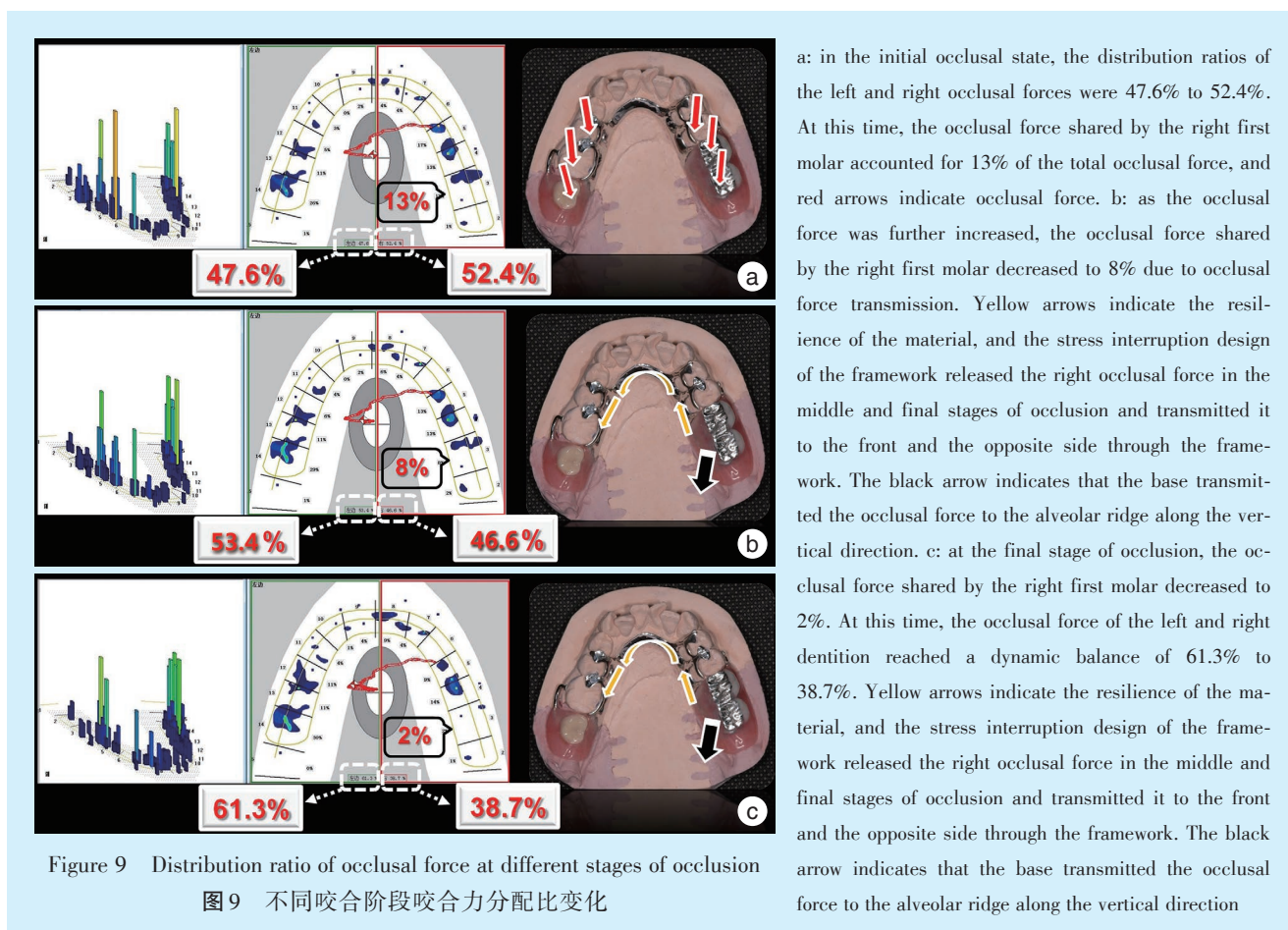
2 结果

口内照显示,金属殆面复合颊侧树脂雕牙的设计既有效解决了缺牙间隙过小的问题,又满足了患者对义齿轻便、美观的要求。患者6个月复诊时,对修复效果表示非常满意。为进一步研究患者咬合稳定后口内咬合状态,为患者进行了5次T-scan 检测,结果一致。T-scan 检测显示,与未戴义齿时咬合状况(左侧77.5%,右侧22.5%)相比,戴牙后患者殆力分配比变为左侧61.3%,右侧38.7%,右

侧牙列殆力占总殆力分配比提高了16.2%,口内咬合力分布更加均匀,有效提高了患者口内咬合力分布的合理性(图8)。

进一步研究患者戴牙后的T-scan 检测结果显示:咬合过程中,初始咬合状态左右侧咬合力分配比为47.6%:52.4%,此时右侧第一磨牙所分担殆力占总殆力的13%;随着咬合力进一步增大,右侧第一磨牙所分担殆力占总殆力的比例下降到8%,左右侧咬合力分配比为53.4%:46.6%;到终末咬合阶段,右侧第一磨牙所分担殆力占总殆力的比例下降到2%,此时左右牙列咬合力分配比达到了61.3%:38.7%的动态平衡(图9)。





a: in the initial occlusal state, the distribution ratios of the left and right occlusal forces were 47.6% to 52.4%. At this time, the occlusal force shared by the right first molar accounted for 13% of the total occlusal force, and red arrows indicate occlusal force. b: as the occlusal force was further increased, the occlusal force shared by the right first molar decreased to 8% due to occlusal force transmission. Yellow arrows indicate the resilience of the material, and the stress interruption design of the framework released the right occlusal force in the middle and final stages of occlusion and transmitted it to the front and the opposite side through the framework. The black arrow indicates that the base transmitted the occlusal force to the alveolar ridge along the vertical direction. c: at the final stage of occlusion, the occlusal force shared by the right first molar decreased to 2%. At this time, the occlusal force of the left and right dentition reached a dynamic balance of 61.3% to 38.7%. Yellow arrows indicate the resilience of the material, and the stress interruption design of the framework released the right occlusal force in the middle and final stages of occlusion and transmitted it to the front and the opposite side through the framework. The black arrow indicates that the base transmitted the occlusal force to the alveolar ridge along the vertical direction

3 讨论

肯氏 I 类牙列缺损是口腔修复临床多发病、常见病,可摘局部义齿仍然是其主要修复方式。天然牙与黏膜混合支持形式及基牙与黏膜不同的可让性,决定了刚性铸造支架受力不均衡时会造成基牙的牙周损伤甚至松动^[12]。为改善传统义齿基牙受力方式,Knapp 等^[13]提出应力中断式可摘局部义齿支架,其所采用的分裂式义齿设计使咬合力更加合理地分散到基牙与黏膜上,同时分散到整个支架上。以往文献回顾发现,应力中断式义齿设计可以明显减少基牙松动度,有助于维护邻间隙基牙的牙周健康^[14-15]。Vitallium2000plus 是一种新型钴铬钼合金(钴 63.4%、铬 29%、钼 5.2%),具有良好的生物安全性^[16],维氏硬度与牙本质相近,保证耐磨强度的同时不会使对颌牙产生过度的磨损。该患者由于对颌牙伸长,在以往治疗过程中多次被调磨并且已出现牙本质暴露,同时牙槽嵴丰满导致殆龈距不足,因此,为有效保存对颌牙的活髓,设计了金属殆面复合树脂雕牙,既有效解决了缺牙间隙过小的问题,又满足了患者对义齿轻便、美观的要求。同时针对磨牙区咬合力较大、义

齿易折断的问题,对患者进行了功能性印模,获得缺牙区牙槽嵴黏膜组织在功能受压状态下的模型,减少了义齿在咬合状态下的下沉移位,同时利用 Vitallium2000plus 材料良好的屈服强度(680 MPa)和拉伸强度(960 MPa),提高义齿支架抵抗永久形变与折裂的能力。

有学者研究发现,可摘局部义齿的应力中断设计,能够使人工牙上承担的咀嚼力通过近中支托垂直向传递至基牙上,基牙不受其他扭力,从而有效保护基牙^[17]。但应力中断与应力传导现象在患者口内是如何表现的,尚未见报道。通过 T-scan 对本病例的咬合状态分析,发现戴牙前、后,患者殆力分配比由左侧 77.5%、右侧 22.5%变为左侧 61.3%、右侧 38.7%,右侧牙列殆力占总殆力分配比提高了 16.2%,口内咬合力分布更加均匀,有效提升患者口内咬合力分布的合理性。通过进一步研究,发现了一个更有趣的现象:初始咬合阶段,左右侧咬合力基本接近,随着咬合力进一步增加,在中间咬合阶段右侧咬合力占比有所下降,并在终末咬合阶段进一步下降并达到一个动态平衡。分析此现象与应力中断设计和支架应力传导作用有

关,材料的回弹力与支架的应力中断设计使右侧咬合力在咬合中间和终末阶段有所释放并通过支架向前部和对侧传导,同时基托沿垂直方向传导殆力于牙槽嵴,保护邻间隙基牙的同时,生理性刺激还能对牙槽嵴起到间接保护作用。受样本量限制,本病例研究主要为类似的殆龈距不足患者的修复方法提供参考,关于应力传导的机制研究,后期会做进一步的大样本研究。

【Author contributions】 Luo JT, Wang YM collected, analyzed the data and revised the article. Sun GY, Qin T analyzed the data and revised the article. Wu GF designed the study and revised the article. Ba RK designed the study and wrote the article. All authors read and approved the final manuscript as submitted.

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